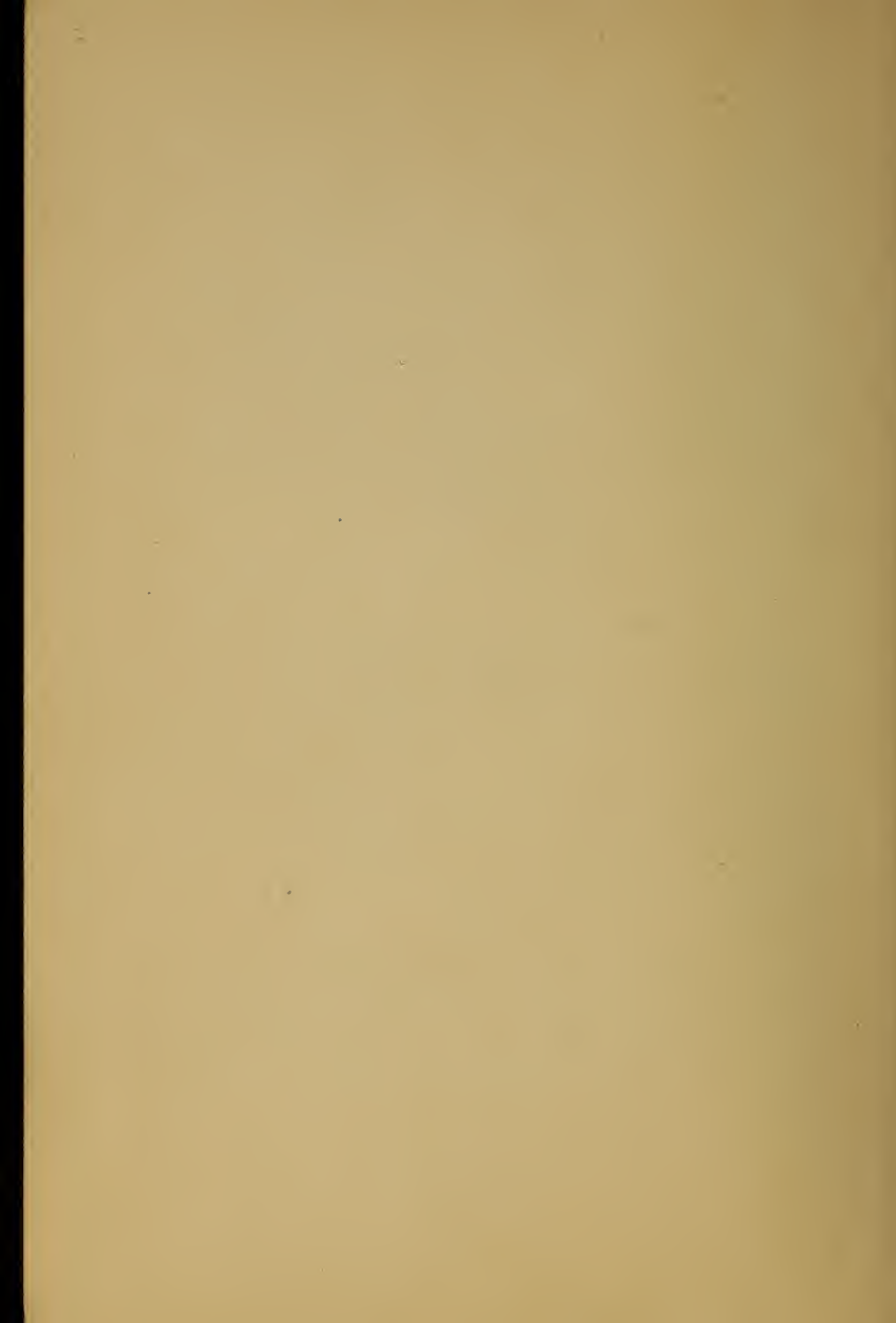


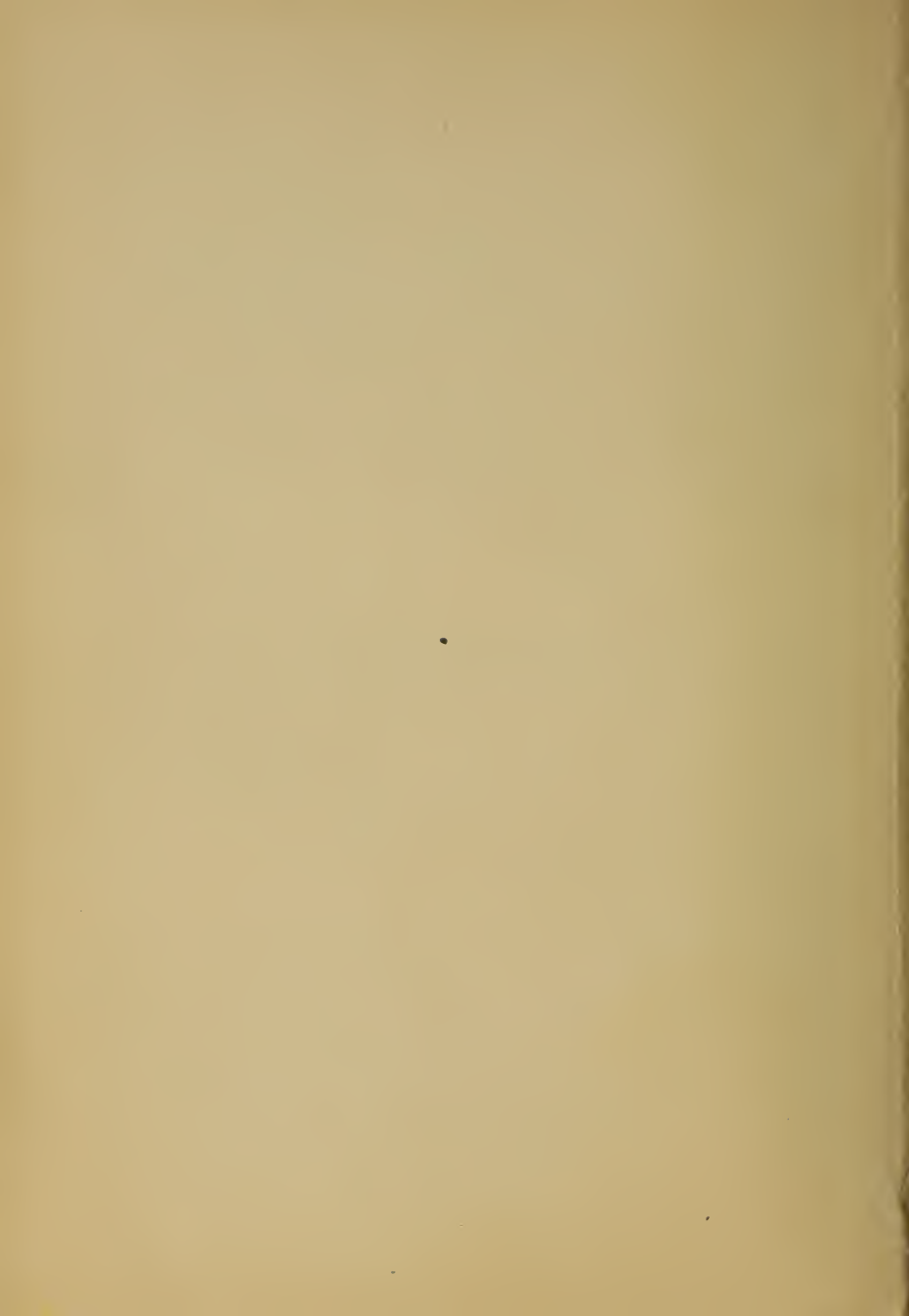
ALL THESE THINGS ADDED

JAMES ALLEN





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THINGS ADDED

"ENTERING THE KINGDOM"
AND
"THE HEAVENLY LIFE"

BY

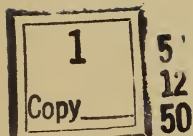
JAMES ALLEN

Author of "From Poverty to Power," "As A Man Thinketh,"
"Out From the Heart," "Byways of Blessedness,"
"Morning and Evening Thoughts,"
"Through the Gate of
Good."

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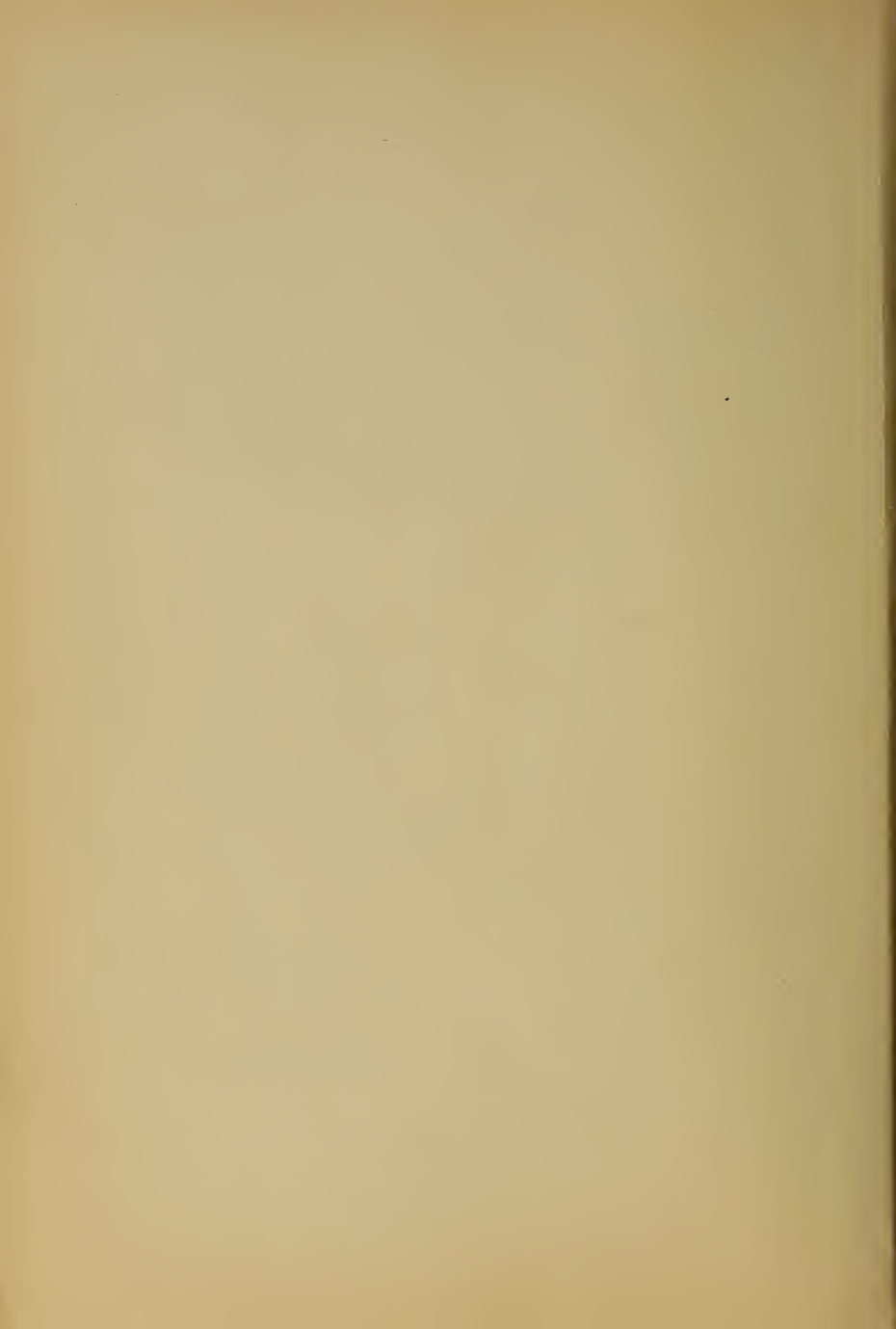


PREFACE

JAMES ALLEN is one of those who has entered the Kingdom. His messages come to the world-weary as a benediction. In his thoughts they find that which brings them surcease from sorrow. He is a man who has the cosmic sense. He sees the working of the law. He realizes that the only sin is Ignorance and that the greatest virtue is Wisdom. He knows, too, that none of us is fit to judge others. We may only judge ourselves. James Allen does not seek to create a cult. All he aims to do is to live the Christ life in the busy world. This he does by rendering service. Allen is one of those who realize that the only true religion is the Religion of Service. He knows that the Carpenter was scientifically right when he said in the long ago: "The greatest among ye shall be your servant." And in this book of inspiration the author aims to teach men how they can best serve.

THOMAS DREIER.

Libertyville, Illinois.



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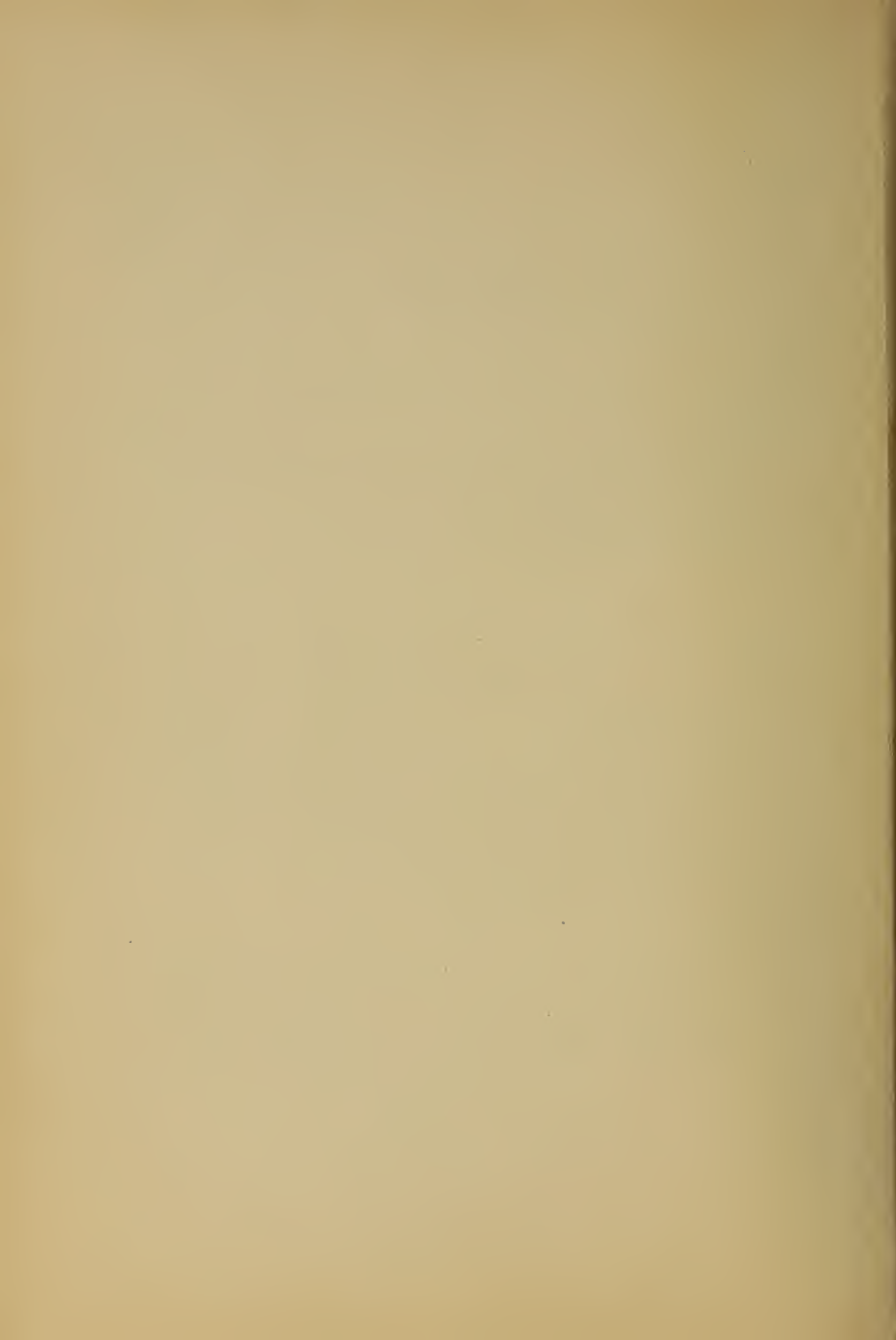
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PART I
ENTERING THE KINGDOM



THE SOUL'S GREAT NEED

I sought the world, but Peace was not there;
I courted learning, but Truth was not revealed;
I sojourned with philosophy, but my heart was sore
with vanity.

And I cried, Where is Peace to be found!
And where is the hiding-place of Truth!

Filius Lucis.

EVERY human soul is in need. The expression of that need varies with individuals, but there is not one soul that does not feel it in some degree. It is a spiritual and causal need which takes the form, in souls of a particular development, of a deep and inexpressible hunger that the outward things of life, however abundantly possessed, never can satisfy. Yet the majority, imperfect in knowledge and misled by appearances, seek to satisfy this hunger by striving for material possessions, believing that these will satisfy their need and bring them peace.

Every soul consciously or unconsciously hungers for righteousness, and every soul

seeks to gratify that hunger in its own particular way and in accordance with its own particular state of knowledge. The hunger is one, and the righteousness is one, but the pathways by which righteousness is sought are many. They who seek consciously are blessed, and shall shortly find the final and permanent satisfaction of soul that righteousness alone can give; for they have come into a knowledge of the true path. They who seek unconsciously, although for a time they may bathe in a sea of pleasure, are not blest; for they are carving out for themselves pathways of suffering over which they must walk with torn and wounded feet, and their hunger will increase, and the soul cry out for its lost heritage—the eternal heritage of righteousness.

Not in any of the three worlds can the soul find lasting satisfaction, apart from the realization of righteousness, Bodied or disembodied, it is ceaselessly driven on by the discipline of suffering, until at last, in its extremity, it flies to its only refuge—the

refuge of righteousness—and finds the joy, satisfaction, and peace that it had so long and so vainly sought.

The great need of the soul, then, is the need of this permanent principle, called righteousness, on which it may stand securely and restfully amid the tempests of earthly existence, bewildered no more, whereon it may build the mansion of a beautiful, peaceful, and perfect life.

It is in the realization of this principle that the Kingdom of Heaven, the abiding home of the soul, resides, and this is the source and storehouse of every permanent blessing. Finding it, all is found; not finding it, all is lost. It is an attitude of mind, a state of consciousness, an ineffable knowledge, in which the struggle for existence ceases and the soul finds itself at rest in the midst of plenty, where its great need, yea, its every need, is satisfied, without strife and without fear. Blessed are they who earnestly and intelligently seek it, for it is impossible that such should seek in vain.



THE COMPETITIVE LAWS AND THE THE LAW OF LOVE

When I am pure
I shall have solved the mystery of life,
I shall be sure
When I am free from hatred, lust and strife,
I am in Truth, and Truth abides in me.
I shall be safe and sane and wholly free
When I am pure.

IT has been said that the laws of Nature are cruel; it has likewise been said that they are kind. The one statement is the result of dwelling exclusively upon the fiercely competitive aspect of Nature; the other results from viewing only the protective and kindly aspect. In reality, natural laws are neither cruel nor kind; they are absolutely just—are, in fact, the outworking of the indestructible principle of justice itself.

The cruelty and consequent suffering so prevalent in Nature, is not inherent in the heart and substance of life; it is a passing phase of evolution, a painful

experience, that will ultimately ripen into the fruit of a more perfect knowledge, a dark night of ignorance and unrest, leading to a glorious morning of joy and peace.

When a little child is burnt by matches, we do not ascribe cruelty to the working of the natural law by virtue of which the child was injured; we infer ignorance in the child, or carelessness on the part of its guardians. Even so, men and creatures are daily being consumed in the invisible flames of passion, succumbing to the ceaseless interplay of the fiery psychic forces that they do not understand, but which they shall at last learn how to control and use to their own protection, and not, as at present, foolishly employ to their own destruction.

To understand, control, and adjust harmoniously the invisible forces of its own soul is the ultimate destiny of every being and creature. Some men have accomplished this supreme and exalted purpose in the past; some have likewise succeeded in the present; until this is done, the place of

rest cannot be entered wherein one receives everything necessary for one's well-being and happiness, without striving and with freedom from pain.

In an age like the present, when the chord of life is strained to its highest pitch in all civilized countries, when men by striving each with each in every department of life for the vanities and material possessions of this perishable existence have developed competition to the utmost limit of action and endurance—in such an age the sublimest heights of knowledge are scaled, the supremest spiritual conquests are achieved; for when the soul is most tried its need is greatest, and where the need is great, great will be the effort. Where, also, temptations are powerful, greater and more enduring will be the victory. Men love the competitive strife with their fellows while it promises and seems to bring them gain and happiness; but when the inevitable reaction comes and the cold steel of selfish strife that their own hands have forged enters their own hearts, then, and not till

then, do they seek a better way. "Blessed are they that mourn"—that have come to the end of strife, and have found the pain and sorrow to which it leads; for unto them and unto them only, can open the door that leads to the Kingdom of Peace.

In searching for this Kingdom, it is necessary fully to understand the nature and origin of all that prevents its realization: namely, the strife of nature, the competitive laws operative in human affairs, and the universal unrest, insecurity and fear that accompany these factors; without such an understanding there can be no sound comprehension of what constitutes the true and the false in life, and therefore no real spiritual advancement. Before the true can be apprehended and enjoyed, the false must be unveiled; before the real can be perceived as the real, the illusions that distort it must be dispersed; and before the limitless expanse of Truth can open out before us, the limited experience that is confined to the world of visible and superficial effects must be transcended.

Let, therefore, those of the readers who are thoughtful and earnest and are diligently seeking or are willing to seek for the basis of thought and conduct that shall simplify and harmonize the bewildering complexities and inequalities of life, walk step by step as the way is opened to the Kingdom; first descending into hell the world of strife and self-seeking—in order that, having comprehended its intricate ways, we may afterwards ascend into Heaven, into the world of Peace, and Love.

It is the custom of some households during the hard frosts of winter to put out food for the birds; and it is a noticeable fact that these creatures when really starving live together most amicably, huddling together to keep one another warm and refraining from all strife. If a small quantity of food be given them they will eat it with comparative freedom from contention; but let a quantity of food more than sufficient for all be thrown to them, and fighting over the coveted provender at once ensues. Occasionally we

have put out a loaf of bread, whereupon the contention of the birds became fierce and prolonged, although there was more than all could possibly eat during several days. Some, having gorged themselves until they could eat no more, would stand upon the loaf and hover round it, pecking fiercely at all newcomers, and endeavoring to prevent them from obtaining any of the food. Along with this contention there was noticeable a great fear. With each mouthful of food taken the birds looked about in nervous terror, apprehensive of losing their food.

In this simple incident we have an illustration—crude, but true—of the basis and outworkings of competitive laws in Nature and in human affairs. It is not scarcity that produces competition, *it is abundance*; so that the richer and more luxurious a nation becomes, the keener and harder becomes the competition for securing the necessities and luxuries of life. Let famine overtake a city or a nation, and at once compassion and sympathy take the

place of competitive strife; and, in the blessedness of giving and receiving, men enjoy a foretaste of the heavenly bliss that the spiritually wise have found, which all shall ultimately reach.

The fact that abundance and not scarcity creates competition, should be held constantly in mind by the reader during the perusal of this book, as it throws a searching light not only on the statements herein contained, but upon every problem relating to social life and human conduct. Moreover, if it be deeply and earnestly meditated upon, and its lessons applied to individual conduct, it will make plain the Way which leads to the Kingdom.

Let us now search out the *cause* of this fact, in order that the evils connected with it may be transcended.

Every phenomenon in social and national life—as in Nature—is an effect, and all these effects arise in a cause neither remote nor detached, but the immediate soul and life of the effect itself. As the seed is contained in the flower, and the flower

in the seed, so the relation of cause and effect is intimate and inseparable. An effect, also, is vivified and propagated by the life and impulse existing in the cause, not by any life inherent in itself.

Looking out upon the world, we behold it as an arena of strife in which individuals, communities, and nations are constantly engaged in struggle, striving with each other for superiority and for the largest share of worldly possessions. We see, also, that the weaker fall out defeated, and that the strong—those equipped to pursue the combat with undiminished ardor—obtain the victory, and enter into possession. Along with this struggle we see the suffering inevitably connected with it: men and women, broken down with the weight of their responsibilities, failing in their efforts and losing all; families and communities broken up, and nations subdued and subordinated. We find seas of tears, telling of unspeakable anguish and grief; we see painful partings and unnatural deaths; and we know that this

life of strife is largely a life of sorrow when stripped of its surface appearances.

Such, briefly sketched, are the phenomena connected with that aspect of human life with which we are now dealing; such are the effects as we see them; and they have one common cause that is found in the human heart itself. As all the multiform varieties of plant life have one common soil from which to draw their sustenance, by virtue of which they live and thrive, so all the varied activities of human life are rooted in, and draw their vitality from, one common source—*the human heart*—the spirit within. The cause of all suffering and of all happiness resides in the inner activities of the heart and mind, not in the outer activities of human life, and every external agency is sustained by the life it derives from human conduct.

The organized life-principle in man carves for itself outward channels along which it can pour its pent-up energies, makes for itself vehicles through which it can manifest its potency and reap its experience, and

as a result we have our religious, social, and political organizations.

All visible manifestations of human life, then, are effects; and as such, although they may possess a reflex action, they can never be causes, but must remain for ever what they are—*dead effects*, electrified into life by an enduring and profound cause.

It is the custom of men to wander about in this world of effects, mistaking its illusions for realities and eternally transposing and readjusting these effects in order to arrive at a solution of human problems, instead of reaching down to the underlying cause which is at once the centre of unification and the basis upon which to build a peace-giving solution of human life.

The strife of the world in all its forms, whether it be war, social or political quarrelling, sectarian hatred, private disputes, or commercial competition, has its origin in a common cause, namely, *individual selfishness*. This term selfishness is employed in a far-reaching sense, including in it all forms of self-love and egotism—both in the

desire to pander to, and to preserve at all costs, the personality.

This element of selfishness is the life and soul of competition and of the competitive laws. Apart from it they have no existence. But in the life of every individual in whose heart selfishness in any form is harbored these laws are brought into play, and the individual is subject to them.

Innumerable economic systems have failed, and must fail, to extirpate the strife of the world. They are the outcome of the delusion that outward systems of government are the causes of that strife, whereas they are merely the visible and transient effects of the *inward strife*, the channels through which it must necessarily manifest itself. I am the way, the truth, the life. To destroy the channel is, and must ever be, ineffectual; the inward energy will immediately make for itself another, and still another and another. Strife cannot cease and the competitive laws *must prevail so long as selfishness is fostered in the heart*. All reforms fail where this element is ignored or

unaccounted for; all reforms succeed where it is recognized, and steps are taken for its removal.

Selfishness, then, is the root cause of competition, the foundation on which all competitive systems rest, and the sustaining source of the competitive laws. It will thus be seen that all competitive systems, all the visible activities of the struggle of man with man, are the leaves and branches of a tree that overspreads the whole earth, the root of that tree being *individual selfishness*, and the ripened fruits pain and sorrow. This tree cannot be destroyed by merely lopping off its branches; to do this effectually *the root must be destroyed*.

To introduce measures in the form of changed external conditions is merely lopping off the branches; and as the cutting away of certain branches of a tree gives added vigor to those remaining, even so the very means taken to curtail competitive strife, when those means deal entirely with its outward effects, will only add strength and vigor to the tree whose

roots are all the time being fostered and encouraged in the human heart. The most that even legislation can do is to prune the branches, and so prevent the tree from altogether running wild.

Great efforts have been put forward to found a city that shall be a veritable Eden planted in the midst of orchards, whose inhabitants shall live in comfort and comparative repose. Beautiful and laudable are all such efforts when prompted by divine love. But such a city cannot exist, or cannot long remain the Eden it aims to be in its outward form, unless the majority of its inhabitants have subdued and conquered the inward selfishness. Even one form of selfishness, namely, *self-indulgence*, if fostered by its inhabitants, will completely undermine that city, levelling its orchards to the ground, converting its beautiful dwellings into competitive marts or obnoxious centres for the personal gratification of appetite, and some of its public buildings into institutions for the maintenance of order; and upon its public spaces will rise gaols, asylums, and orphan-

ages; for where the spirit of self-indulgence is, the means for its gratification will be immediately adopted, without considering the good of others or of the community—selfishness is blind—and the fruits of that gratification will be rapidly reaped.

The building of pleasant houses and the planting of beautiful orchards and gardens can never, of itself, constitute an ideal city unless its inhabitants have learned that self-sacrifice is better than self-protection, and have first established in their own hearts a city of divine love. When a sufficient number of men and women have done this, the ideal city will appear, and flourish, and prosper, and great will be its peace, for out of the heart are the issues of life.

Having found that selfishness is the root cause of all competition and strife the question naturally arises how this cause shall be dealt with, for it naturally follows that a cause being destroyed, all its effects cease; a cause being propagated, all its effects, however they may be modified from without, *must* continue. Every man

who has thought deeply upon the problem of life, and meditated sympathetically upon the sufferings of mankind, has seen that selfishness is at the root of all sorrow—in fact, this is one of the truths first apprehended by the thoughtful mind. Along with this perception there has been born within him a longing to formulate some method by which such selfishness might be overcome. The first impulse of such a man is to endeavor to frame some outward law, or introduce some new social arrangements or regulations, that shall put a check on *the selfishness of others*. The second tendency of his mind will be to feel his utter helplessness before the great iron wall of selfishness by which he is confronted. Both these attitudes of mind are the result of an incomplete knowledge of what constitutes selfishness. This partial knowledge dominates him because, although he has overcome the grosser forms of selfishness in himself, and is so far noble, he is yet selfish in other and more remote and subtle

directions. This feeling of helplessness is the prelude to one of two conditions: the man will either give up in despair and again sink himself in the selfishness of the world, or he will search and meditate until he finds another way out of the difficulty. That way he will find. Looking more and more deeply into the things of life; reflecting, meditating, examining, and analyzing; grappling every difficulty and problem with intensity of thought, and developing day by day a profounder love of Truth—by these means his heart will grow and his comprehension expand, until at last he realizes that the way to destroy selfishness is not to try to destroy *one form* of it in other people, but to destroy it utterly, root and branch, *in himself*.

The perception of this truth constitutes spiritual illumination, and when once it is awakened in the mind, the strait and narrow way is revealed, and the shining Gates of the Kingdom already loom in the distance. Then does a man apply

to himself—not to others—these words: “And why beholdest thou the mote that is in thy brother’s eye, but considerest not the beam that is in thine own eye? Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam is in thine own eye? Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother’s eye.” When a man can apply these words to himself and act upon them, judging himself mercilessly but judging none other, then will he rise above and render of no effect the laws of competition, and will find the higher Law of Love, subjecting himself to which every evil thing will flee from him, and the joys and blessings that the selfish vainly seek will constantly wait upon him. Not only this, having lifted himself, he will lift the world. By his example many will see the Way, and will walk it; and the powers of light shall be the stronger for his having lived.

It will here be asked: “But will not a man who has risen above his selfishness,

and therefore above the competitive strife, suffer through the selfishness and competition of those around him? Will he not, after all the trouble he has taken to purify himself, suffer at the hands of the impure?" No; he will not. The equity of the Divine Order is perfect and cannot be subverted, so that it is impossible for one who has overcome selfishness to be subject to the laws that are brought into operation by the action of selfishness: in other words, each individual suffers by virtue of his own selfishness. It is true that all the selfish come under the operation of the competitive laws and suffer collectively, each acting more or less as the instrument by which the suffering of others is brought about, and that this makes it appear on the surface as though men suffered for the sins of others rather than their own. But the truth is that in a universe the very basis of which is harmony, which can only be sustained by the perfect adjustment of all its parts, each unit receives *its own* measure of adjustment,

and suffers by and of itself. Each man comes under the laws of his own being, never under those of another. True, he will suffer like another and even through the instrumentality of another, if he elects to live under the same conditions as that other. But if he chooses to desert those conditions and live under another and higher set of conditions of which that other is ignorant, he will cease to come under or be affected by the lower laws.

Let us now go back to the symbol of the tree, and carry the analogy a little further. Just as the leaves and the branches are sustained by the roots, so the roots derive their nourishment from the soil, groping in the darkness, yet with assured instinct, for the sustenance which the tree demands. In like manner, selfishness, the root of the tree of evil and of suffering, derives its nourishment from the dark soil of *ignorance*. In this it thrives; upon this it stands and flourishes. By ignorance is meant something vastly different from lack of learning; and the sense in which it is used will be made plain.

Selfishness gropes in the dark. It has no real knowledge; by its very nature it is cut off from the source of enlightenment; it is a blind impulse, knowing nothing; obeying no law, for it knows none; and is thereby forcibly bound to those competitive laws by virtue of which suffering is inflicted in order that harmony may be maintained. We live in a world, a universe, abounding in all good things. So great is the abundance of spiritual, mental, and material blessings that every man and woman on this globe could not only be provided with every necessary good, but could live in the midst of abounding plenty and still leave much to spare. Yet in spite of this what a spectacle of ignorance do we behold! We see on one hand millions of men and women chained to a ceaseless slavery, interminably toiling in order to obtain a poor and scanty meal and a garment to cover their nakedness; and on the other hand we see thousands who already have more than they require and can well manage depriving themselves of all the blessings

of a true life and of the vast opportunities that their possessions place within their reach, in order to accumulate more of those material things for which they have no legitimate use. Surely men and women have no more wisdom than the fowls and the beasts that fight over the possession of more than they can all well use, which all could enjoy in peace.

Such a condition of things can only obtain in a state of ignorance deep and dark; so dark and dense as to be utterly impenetrable save to the unselfish eye of wisdom and truth. In the midst of all this striving after place and food and raiment, there works unseen, yet potent and unerring, the Overruling Law of Justice, meting out to every individual his own quota of merit and demerit. It is impartial; it bestows no favors; it inflicts no unearned punishments:

"It knows not wrath nor pardon; utter-true
 Its measures mete, its faultless balance weighs;
 Times are as nought, to-morrow it will judge,
 Or after many days."

The rich and the poor alike suffer for *their own selfishness*; and none escape.

The rich have their particular sufferings as well as the poor. Moreover, the rich are continually losing their riches; the poor are continually acquiring them. The poor man of to-day is the rich man of to-morrow, and *vice versa*. There is no stability, no security, in hell, and only brief and occasional periods of respite from suffering in some form or other. Fear, also, follows men like a great shadow, for the man who obtains and holds by selfish force will be haunted by a feeling of insecurity, continually fearing loss; while the poor man, who is selfishly seeking or coveting material riches, will be harrassed by the fear of destitution. One and all who live in this under-world of strife are overshadowed by one great fear—the fear of death.

Surrounded by the darkness of ignorance, and having no knowledge of those eternal and life-sustaining Principles out of which all things proceed, men labor under the delusion that the most important and essential things in life are food and cloth-

ing and that their first duty is to strive to obtain these, believing that these outward things are the source and cause of all comfort and happiness. It is the blind animal instinct of self-preservation—the preservation of the body and personality—by virtue of which each man opposes himself to other men in order to get a living or secure a competency, believing that if he does not keep an incessant watch on other men and constantly renew the struggle, they will ultimately take the bread out of his mouth.

Out of this initial delusion comes all the train of delusions with their attendant sufferings that obtains in the world around us. Food and clothing are not the *essential* things of life; not the causes of happiness. They are non-essentials, effects, and, as such, proceed by a process of natural law from the essentials, the underlying cause. The essential things in life are the enduring elements in character: integrity, faith, righteousness, self-sacrifice, compassion, love; and out of these all good things

proceed. Food, clothing, and money are inanimate effects; there is in them no life, no power except that with which we invest them. They are without vice and virtue and can neither bless nor harm. Even the body which men believe to be themselves, to which they pander, and which they long to keep, is constantly being yielded up to the dust, it is ever changing. But the higher elements of character are life itself; and to practise these, to trust them, and to live entirely in them, constitute the Kingdom of Heaven.

The man who says, "I will first of all earn a competence and secure a good position in life, and then give my mind to these higher things," does not understand these higher things and does not believe them to be higher; if he did, it would not be possible for him to neglect them. He believes the material excrescences of life to be the higher, and therefore seeks them first. He believes money, clothing, and position to be of vast and essential importance, righteousness and truth to be

at best secondary; for a man sacrifices what he believes to be less to what he believes to be greater. Immediately a man *realizes* that righteousness is of more importance than the getting of food and clothing, he ceases to strive after the latter, and begins to live for the former. It is here where we come to the dividing line between the two Kingdoms: hell and Heaven.

Once a man perceives the beauty and enduring reality of righteousness, his whole attitude of mind toward himself and others and the things within and around him changes. The love of personal existence gradually loses hold on him; the instinct of self-preservation begins to fade, and the practice of self-renunciation takes its place. For the sacrifice of others or of the happiness of others to his own good, he substitutes the sacrifice of self and of his own happiness for the good of others. Thus rising above self, he rises above the competitive strife that is the outcome of self and above the competitive laws

that operate only in the region of self and for the regulation of its blind impulses. He is like a man who has climbed a mountain and thereby risen above all the disturbing currents in the valleys below him. The clouds pour down their rain, the thunders roll and the lightnings flash, the fogs obscure, and the hurricanes uproot and destroy, but they cannot reach him on the calm heights where he stands, there to dwell in continual sunshine and peace.

In the life of such a man the lower laws cease to operate, and he now comes under the protection of a higher Law—namely, the Law of Love; and in accordance with his faithfulness and obedience to this Law will all that is necessary for his well-being come to him at the time he requires it. The idea of gaining a position in the world cannot enter his mind, and the external necessities of life, such as money, food and clothing, he scarcely ever thinks about. Subjecting himself for the good of others, performing all his duties scrupulously and without thinking of reward, and

living day by day in the discipline of righteousness, all other things follow at the right time and in the right order. Just as the suffering and strife inhere in and spring from their root-cause, selfishness, so blessedness and peace inhere in and spring from *their* root-cause, righteousness. It is a full and all-embracing blessedness, complete and perfect in every department of life; for what is morally and spiritually right is physically and materially right.

Such a man is free, for he is freed from all anxiety, worry, fear, despondency, all the mental disturbances that derive their vitality from the elements of self; he lives in constant joy and peace, and this while living in the very midst of the competitive strife of the world. Yet, though walking in the midst of hell, its flames fall back before and around him, so that not one hair of his head can be singed. Though he walks in the midst of the lions of selfish force, for him their jaws are closed and their ferocity subdued. Though on every hand men

are falling around him in the fierce battle of life, he falls not, neither is he dismayed: no deadly bullet can reach him, no poisoned shaft can pierce the impenetrable armor of his righteousness. Having lost the little, personal, self-seeking life of suffering, fear, anxiety, and want, he has found the illimitable, glorious, self-perfecting life of joy and peace and plenty. "Therefore take no thought saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? . . . For your heavenly Father knoweth ye have need of all these things. But seek ye first the Kingdom of God, and His Righteousness; and all these things shall be added unto you."

THE FINDING OF A PRINCIPLE

Be still, my soul, and know that peace is thine;
Be steadfast, heart, and know that strength divine
Belongs to thee; cease from thy turmoil, mind,
And thou the everlasting rest shalt find.

HOW then shall a man reach the Kingdom ?
By what process shall he find the light
that alone can disperse his darkness ? In
what way can he overcome the inward
selfishness which is strong, and deeply
rooted ?

A man will reach the Kingdom by purifying himself; and he can do this only by pursuing a process of self-examination and self-analysis. Selfishness must be discovered and understood before it can be removed. It is powerless to remove itself, neither will it pass away of itself. As darkness ceases only when light is introduced; so ignorance can only be dispersed by Knowledge; selfishness by Love. Seeing that in selfishness there is no security, no stability, no peace, the whole process of

seeking the Kingdom resolves itself into a search for a Principle: a divine and permanent Principle on which a man can stand secure, freed from himself—from the personal element, and from the tyranny and slavery which that personal self exacts and demands. A man must first of all be willing to lose his self-seeking self before he can find his divine self. He must realize that selfishness is not worth clinging to, that it is a master altogether unworthy of his service, and that divine Goodness alone is worthy to be enthroned in his heart as the supreme master of his life. This means that he must have faith; for without this equipment there can be neither progress nor achievement. He must believe in the desirability of purity, in the supremacy of righteousness, in the sustaining power of integrity; he must ever hold before him the Ideal and Perfect Goodness, and strive for its achievement with ever-renewed effort and unflagging zeal. This faith must be nurtured and its development encouraged. It must be carefully trimmed and fed and

kept burning like a lamp in the heart, for without its radiating light no way will be seen in the darkness; one will find no pathway out of self. As the flame increases and burns with a steadier light, energy, resolution, and self-reliance will come to man's aid, and with each step, his progress be accelerated until at last the Light of Knowledge will begin to take the place of the lamp of faith, and the darkness disappear before its searching splendor. Into his spiritual ken will come the Principles of the divine Life, and as he approaches them their incomparable beauty and majestic symmetry will astonish his vision and gladden his heart with a gladness hitherto unknown.

Along this pathway of self-control and self-purification—for such it is—every soul must travel on its way to the Kingdom. So narrow is this way and so overgrown with the weeds of selfishness is its entrance, that it is difficult to find; and, being found, it cannot be retained except by *daily meditation*. Without this the spiritual energies

grow weaker, and the man loses the strength necessary to go on. As the body is sustained and invigorated by material food, so is the spirit strengthened and renewed by its own food: meditation upon spiritual things.

He, then, who earnestly resolves to find the Kingdom will commence to meditate, and rigidly to examine his heart and mind and life in the light of the Supreme Perfection that is the goal of his attainment. On his way to that goal, he must pass through the *three Gateways of Surrender*. The first is *the Surrender of Desire*; the second *the Surrender of Opinion*; and the third *the Surrender of Self*. Entering into meditation, he will commence to examine his desires, tracing them out in his mind, and following up their effects in his life and upon his character; and he will quickly perceive that without the renunciation of desire a man remains a slave both to himself and to his surroundings and circumstances. Having discovered this, the first Gate, that of *the Surrender of Desire*, is

entered. Passing through this Gate, he adopts a process of self-discipline which is the first step in the purification of the soul. Hitherto he has lived as a slavish beast; eating, drinking, sleeping, and pursuing enjoyment at the beck and call of his lower impulses; blindly following and gratifying his inclinations without method, not questioning his conduct, and having no fixed centre from which to regulate his character and his life. Now, however, he begins to live as a man; he curbs his inclinations, controls his passions, and steadies his mind in the practice of virtue. He ceases to pursue enjoyment, but follows the dictates of his reason, and regulates his conduct in accordance with the demands of an ideal. With the introduction of this regulating factor in his life, he perceives at once that certain habits must be abandoned. He begins to select his food, and to have his meals at stated periods, no longer eating at any time that the sight of food tempts his inclination. He reduces the number of meals each day, and also the quantity of food eaten. He

no longer goes to bed, by day or night, to indulge in pleasurable indolence, but rather to give his body the rest it needs; he therefore regulates his hours of sleep, rising early, and never encouraging the animal desire to indulge in dreamy indolence after waking. Such food and drink as is particularly associated with gluttony, cruelty, and animalism he will dispense with altogether, selecting the mild and refreshing sustenance which Nature provides in such rich profusion.

These preliminary steps will be at once adopted; and as the path of self-government and self-examination is pursued, a clearer and ever clearer perception of the nature, meaning, and effects of desire will be developed, until it is seen that the mere regulation of one's desires is altogether inadequate and insufficient, and that *the desires themselves must be abandoned*, must be allowed to fall out of the mind and to have no part in the character and life. It is at this point that the soul of the seeker enters the dark Valley of Temptation; for these desires will not die without a

struggle and many a fierce effort to re-assert the power and authority with which they have hitherto been invested. Here the lamp of faith must be constantly fed and assiduously trimmed, for all the light it can radiate will be required to guide and encourage the traveller in the dense gloom of this dark Valley. At first his desires, like so many wild beasts, will clamor loudly for gratification. Failing in that, they will then tempt him to struggle with them that they may overthrow him. And this last temptation is greater and more difficult to overcome than the first, for *the desires will not be stilled until they are utterly ignored*; until they are left unheeded, unconditionally abandoned, and allowed to perish for want of food. In passing through this Valley, the searcher will develop certain powers necessary to his further advancement; and these powers are: *self-control, self-reliance, fearlessness, and independence of thought*. Here also he will have to pass through ridicule and mockery and false

accusation; so much so, that some of his best friends, yea, even those whom he most unselfishly loves, will accuse him of folly and inconsistency, and will do all they can to argue him back to the life of animal indulgence, self-seeking, and petty personal strife. Nearly everybody around him will suddenly discover that they know his duty better than he knows it himself, and, knowing no other and higher life than their own of mingled excitement and suffering, they will take great pains to win him back to it, imagining, in their ignorance, that he is losing much pleasure and happiness, and gaining nothing in return. At first this attitude of others toward him will arouse in him acute suffering, but he will rapidly discover that this suffering is caused by his own vanity and selfishness and the result of his own subtle desire to be appreciated, admired, and thought well of; as soon as this knowledge is arrived at, he will rise into a higher state of consciousness, where these things can no longer reach him and inflict

pain. It is here that he will begin to stand firm, and to wield with effect the powers of mind already mentioned. Let him therefore press on courageously, heeding neither the revilings of his friends without nor the clamorings of his enemies within; aspiring, searching, striving; looking ever toward his Ideal with eyes of holy love; day by day ridding his mind of selfish motive, his heart of impure desire; stumbling sometimes, sometimes falling, but ever travelling onward and rising higher: and, as he records each night in the silence of his own heart the journey of the day, let him not despair if only each day, in spite of all its failures and falls, record some holy battle fought, though lost, some silent victory attempted, though unachieved. The loss of to-day will add to the gain of to-morrow for him whose mind is set on the conquest of self.

Passing along the Valley, he will at last come to the Fields of Sorrow and Loneliness. His desires, having received at his hands neither encouragement nor sustenance, have grown weak, and are now

falling away and perishing. He is now climbing out of the Valley, and the darkness is less dense; but now he realizes, for the first time, that he is alone. He is like a man standing at the foot of a great mountain, and it is night. Above him towers the lofty peak, beyond which shine the everlasting stars; a short distance below him are the glaring lights of the city he has left, and from it there come up to him the noises of its inhabitants—a confused mingling of shouts, screams, laughter, rumblings of traffic, and the strains of music. He thinks of his friends, all of whom are in the city, pursuing their own particular pleasures; and he is alone upon the mountain. That city is the City of Desire and Pleasure, the mountain is the Mountain of Renunciation, and the climber now knows that he has left the world, that henceforth for him its excitements and strifes are lifeless things, and can tempt him no more. Resting awhile in this lonely place, he will taste of sorrow and learn its secret; harshness and hatred will pass from

him; his heart will grow soft, and the first faint broodings of the divine compassion that shall afterwards absorb his whole being will overshadow and inspire him. He will begin to feel with every living thing in its strivings and sufferings; gradually, as this lesson is learned, his own sorrow and loneliness will be forgotten and will pass away in his great calm love for others.

Here, also, he will begin to perceive and understand the working of the hidden laws that govern the destinies of individuals and of nations. Having risen above the lower region of strife and selfishness within himself, he can now look calmly down upon it in others and in the world. to analyze and comprehend it, and he will see how selfish striving is at the root of all the world's suffering. His whole attitude toward others and toward the world now undergoes complete change, and compassion and love take the place of self-seeking and self-protection in his mind; as a result of this, the world alters in its

attitude toward him. At this juncture he perceives the folly of competition, and ceasing from striving to overtop and get the better of others he begins to encourage them, both with unselfish thoughts and, when necessary, with loving acts; this he does even to those who selfishly compete with him, no longer defending himself against them. As a direct result of this, his worldly affairs begin to prosper as never before; many of the friends who at first mocked him commence to respect, and even to love him; and he suddenly awakens to the fact that he is coming in contact with people of a distinctly unworldly and noble type, of whose existence he had no knowledge. From many parts and from long distances these people will come to him to minister to him and that he may minister to them, spiritual fellowship and loving brotherhood will become potent factors in his life, and so he will pass beyond the Fields of Sorrow and Loneliness.

The lower competitive laws have now ceased to operate in his life, and their

results, which are *failure, disaster, exposure, and destitution*, can no longer enter into and form part of his experience; this not merely because he has risen above the lower forms of selfishness in himself, but because also, in so rising, he has developed certain powers of mind by which he is enabled to direct and govern his affairs with a more powerful and masterly hand.

He, however, has not yet travelled far, and unless he exercise constant watchfulness he may at any time fall back into the lower world of darkness and strife, revivifying its empty pleasures, and galvanizing back to life its dead desires. Especially is there this danger when he reaches the greatest temptation through which man is called to pass—*the temptation of doubt*. Before reaching, or even perceiving, the second Gate, that of *Surrender of Opinion*, the pilgrim will come upon a great soul-desert, the Desert of Doubt. Here for a time he will wander around, while despondency, indecision, and uncertainty, a melancholy brood, surround him like a cloud,

hiding from his view the way immediately in front of him. A new and strange fear, too, will overtake him, and he will begin to question the wisdom of the course he is pursuing. Again the allurements of the world will be presented to him, dressed in their most attractive garb, and the drowning din and stimulating excitement of worldly battle will once more assume a desirable aspect. "After all, am I right?" "What gain is there in this?" "Does not life itself consist of pleasure and excitement and battle, and in giving these up am I not giving up all?" "Am I not sacrificing the very substance of life for a meaningless shadow?" "May it not be that I, after all, am a poor deluded person, and that all those around me who live the life of the senses and stand upon its solid, sure, and easily procured enjoyments are wiser than I?" By such dark doubtings and questionings will he here be tempted and troubled, until these very doubts drive him to a deeper searching into the intricacies of life, and arouse within him

the feeling of necessity for some permanent Principle upon which to stand and take refuge. He will, therefore, while wandering about in this dark Desert, come into contact with the higher and more subtle delusions of his own mind, the delusions of the intellect; and, by contrasting these with his Ideal, will learn to distinguish between the real and the unreal, the shadow and substance, between effect and cause, between fleeting appearances and permanent Principles.

In the Desert of Doubt a man is confronted with all forms of illusion, not only the illusions of the senses, but also those of abstract thought and religious emotion. It is in the testing of, grappling with, and ultimately destroying these illusions that he develops still higher powers, those of *discrimination*, *spiritual perception*, *steadfastness of purpose*, and *calmness of mind*, by the exercise of which he is enabled to distinguish unerringly the true from the false, both in the world of thought and that of material appearances. Having acquired

these powers, and learned how to use them as weapons against himself in his holy warfare, he now emerges from the Desert of Doubt, the mists and mirages of illusion vanish from his pathway, and there looms before him the second Gate, the *Gateway of the Surrender of Opinion*.

As he approaches this Gate, he sees before him the whole pathway along which he is travelling, and, for a space, obtains a glimpse of the glorious heights of attainment toward which he is moving; he sees the Temple of the Higher Life in all its majesty, and already feels within him the strength and joy and peace of conquest. With Sir Galahad he can now exclaim:

"I . . . saw the Grail,
The Holy Grail . . .
. . . And one will crown me king
Far in the spiritual city,"

for he knows that his ultimate victory is assured

He now enters upon a process of self-conquest altogether distinct from that which he has hitherto pursued. Up to the present he has been overcoming,

transmuting, and simplifying his animal desires; now he commences to transmute and simplify his intellect. He has, so far, been adjusting his *feelings* to his Ideal; he now begins to adjust his *thoughts* to that Ideal, which also assumes at this point larger and more beautiful proportions; and for the first time he perceives what really constitutes *a permanent and imperishable Principle*. He sees that the righteousness for which he has been searching is fixed and unvariable; that it cannot be accommodated to man, but that man must reach up to and obey it; that it consists of an undeviating line of conduct, apart from all considerations of loss or gain, of reward or punishment; that, in reality, it consists in abandoning self, with all the sins of desire, opinion, and self-interest of which that self is composed, and in living the blameless life of perfect love toward all men and creatures. Such a life is fixed and perfect; it is without turning, change, or qualification, and demands a sinless and perfect conduct. It is the direct antithesis of the worldly life of self.

Perceiving this, the seeker sees that although he has freed himself from the baser passions and desires which enslave mankind, he is still in bondage to the fetters of opinion; that although he has purified himself with a purity to which few aspire, and which the world cannot understand, he is still defiled with a defilement difficult to wash away,—*he loves his own opinions*, and has all along been confounding them with Truth, with the Principle for which he is seeking. He is not yet free from strife, and is still involved in the competitive laws as they obtain in the higher realm of thought. He still believes that in his opinions he is right and others wrong; in his egotism he has even fallen so low as to bestow a mock pity on those who hold opinions the reverse of his own. But now, realizing this more subtle form of selfishness by which he is enslaved and perceiving all the train of sufferings that spring from it, having also acquired the priceless possession of spiritual discernment, he reverently bends his head

and passes through the second Gateway toward his final peace.

Clothing his soul with the colorless Garment of Humility, he bends all his energies to the uprooting of opinions hitherto loved and cherished. He learns to distinguish between Truth, one and unchangeable, and his own and others' opinions about Truth, which are many and changeable. He sees that his *opinions* about Goodness, Purity, Compassion, and Love are quite distinct from those qualities themselves, and that he must stand upon those divine Principles, and not upon his opinions. Hitherto he has regarded his own opinions as of great value and the opinions of others as worthless, but now he ceases so to elevate his own opinions and to defend them against those of others, coming to regard them as worthless. As a direct result of this attitude of mind, he takes refuge in the practice of *pure Goodness*, unalloyed with base desire and subtle self-love, and takes his stand upon the divine Principles of Purity, Wisdom, Compassion, and Love,

incorporating them into his mind, and manifesting them in his life. He is now clothed with *the Righteousness of Christ*—which is incomprehensible to the world—and is rapidly becoming divine. He has not only realized the darkness of desire; he has also perceived the vanity of speculative philosophy, and so he rids his mind of all the metaphysical subtleties that have no relation to practical holiness, have hitherto encumbered his progress, and prevented him from seeing the enduring realities in life.

He casts from him his opinions and speculations one after another, and begins to live the life of perfect love toward all. With each opinion overcome and abandoned as a burden, there is an increased lightness of spirit, and he begins to realise the meaning of being free. The divine flowers of Gladness, Joy, and Peace spring up spontaneously in his heart, and his life becomes a blissful song. As the melody in his heart expands and grows more and more nearly perfect, his

outward life harmonizes itself with the inward music. All the efforts he put forth being now free from strife, he obtains all that is necessary for his well-being, without pain, anxiety, or fear. He has almost entirely transcended the competitive laws, and the Law of Love is now the governing factor in his life, adjusting all his worldly affairs harmoniously, and without struggle or difficulty on his part. Indeed, the competitive laws, as they obtain in the commercial world, have here been long left behind, and have ceased to touch him at any point in his material affairs. Here, also, he enters into a wider and more comprehensive consciousness, and, viewing the universe and humanity from the higher altitudes of purity and knowledge to which he has ascended, perceives the orderly sequence of law in all human affairs. The pursuit of this Path brings about the development of still higher powers of mind, and these powers are *divine patience, spiritual equanimity, non-resistance, and prophetic insight*. By prophetic insight_ is

not meant the foretelling of events, but direct perception of the hidden causes that operate in human life and, indeed, in all life, out of which spring multifarious and universal effects and events.

The man here rises above the competitive laws as they operate in the thought-world, so that their results, which are *violence*, *ignominy*, *grief*, *humiliation*, and *distress* and *anxiety* in all their forms, no more obtain in his life. As he proceeds, the imperishable Principles that form the foundation and fabric of the universe loom before him, and assume proportions more and more symmetrical. For him there is no more anguish; no evil can come near his dwelling; and there breaks upon him the dawning of the abiding Peace.

He is not yet free. He has not yet finished his journey. He may rest here, and that as long as he chooses; but sooner or later he will rouse himself to the last effort, and will reach the final goal of achievement—the selfless state, the divine life. He is not yet free from self, but still

clings, though with less tenacity, to the love of personal existence, and to the idea of exclusive interest in his personal possessions. When he at last realizes that these selfish elements must also be abandoned, there appears before him the third Gate: *the Gateway of Surrender of Self*. It is no dark portal that he now approaches, but one luminous with divine glory, one radiant with a radiance with which no earthly splendor can vie; and he advances toward it with no uncertain step. The clouds of Doubt have long been dispersed; the sounds of the voices of Temptation are lost in the valley below; and with firm gait, erect carriage, and a heart filled with unspeakable joy, he nears the Gate that guards the Kingdom of God. He has now given up all but self-interest in the things that are his by legal right, but he now perceives that he must hold nothing as his own; and as he pauses at the Gate, he hears the command which cannot be evaded or denied, "Yet lackest thou one thing; sell all that thou hast, and distribute unto the

poor, and thou shalt have treasure in Heaven." Passing through the last great Gate, he stands glorious, radiant, free, detached from the tyranny of desire, of opinion, of self; a divine man, harmless, patient, tender, pure; he has found that for which he has been searching: the Kingdom of God and His Righteousness.

The journey to the Kingdom may be a long and tedious one, or it may be short and rapid. It may occupy a minute, or it may take ages. Everything depends upon the faith and belief of the searcher. The majority cannot "enter in because of their unbelief;" for how can men realize righteousness when they do not believe in it nor in the possibility of its accomplishment? Neither is it necessary to leave the outer world, and one's duties therein. Nay, it can only be found through the unselfish performance of one's duty. Some there are whose faith is so great that, when this truth is presented to them, they can let all personal elements drop out of their minds almost immediately, and enter

into their divine heritage. But all who believe and aspire to achieve will sooner or later arrive at victory if, amid all their worldly duties, they faint not, keep sight of the Ideal Goodness, and continue, with unshaken resolve, to "press on to Perfection."

AT REST IN THE KINGDOM AND ALL THINGS ADDED

My life is glad—
Nowise forgetting yet those other lives
Painful and poor, wicked and miserable,
Whereon the gods grant pity!—*Sir Edwin Arnold.*

THE whole journey from the Kingdom of Strife to the Kingdom of Love resolves itself into a process that may be summed up in the following words: *The regulation and purification of conduct.* Such a process must, if assiduously pursued, necessarily lead to perfection. It will also be seen that as the man obtains mastery over certain forces within himself, he arrives at a knowledge of all the laws operating in the realm of those forces, and by watching the ceaseless working of cause and effect within himself until he understands them, he thereupon understands them in their universal adjustments in the body of humanity. Moreover, seeing that all laws governing human

affairs are the direct outcome of the necessities of the human heart, and having reformed and transmuted those necessities, he has brought himself under the guidance of other laws operative in accordance with his altered condition; and having mastered and overcome the selfish forces within himself, he can no longer be subject to the laws which exist for their governance.

The process is also one of *simplification of the mind*, a sifting away of all but the essential gold in character. As the mind is thus simplified, the apparently unfathomable complexity of the universe assumes simpler and simpler aspects, until the whole is seen to resolve itself into, and to rest upon, a few unalterable Principles; and these Principles are ultimately seen to be contained in *one*, namely, LOVE.

The mind thus simplified, the man arrives at peace, and now really begins to *live*. Looking back on the personal life he has for ever abandoned, he sees it as a nightmare from which he has awakened; but looking out and down with the

eyes of the spirit, he sees that others continue to live it. He sees men and women struggling, fighting, suffering, and perishing for what is abundantly given them by the bountiful hand of the Father, if they would only cease from all covetousness and take it without hurt or hindrance; and compassion fills his heart, and also gladness, for he knows that humanity will wake at last from its long and painful dream. In the early part of his journey he seemed to be leaving humanity far behind, and he sorrowed in his loneliness. Now, having reached the highest, having attained the goal, he finds himself nearer to humanity than ever before—yea, living in its very heart, sympathizing with all its sorrows, rejoicing in all its joys; having no longer any personal considerations to defend, he lives entirely in the heart of humanity. He lives no longer for himself; he lives for others: and so living, he enjoys the highest bliss, the deepest peace. For a time he searched for Compassion, Love, Bliss, Truth; but now he has verily become

Compassion, Love, Bliss, Truth; and it may literally be said of him that he has ceased to be a personality, for all the personal elements have been extinguished, and there remain only qualities and principles entirely impersonal. Those qualities are now manifested in the man's life, are henceforth *the man's character*.

Having ceased from the protection of self, and living constantly in compassion, wisdom, and love, he comes under the protection of the highest Law, the Law of Love; he understands that Law, and consciously co-operates with it; yea, is himself inseparately identified with the Law.

"Foregoing self, the universe grows I";

and he whose nature is compassion, wisdom, and love cannot possibly need any protection; for those Principles themselves constitute the highest protection, being the real, the divine, the immortal in all men, and constituting the indestructible reality in the cosmic order. Neither does he whose very nature is Bliss, Joy, Peace need to seek enjoyment. As for competing with others,

with whom should he compete who has lovingly identified himself with all? With whom should he struggle who has sacrificed himself for all? Whose blind, misguided, and ineffectual competition should he fear who has reached the source of all blessedness, and who receives at the hands of the Father all necessary things? Having lost his selfish personality, he has found his divine nature, Love; and Love and all the effects of Love now compose his life. He can now joyfully exclaim:

"I have made the acquaintance of the Master of Compassion;

I have put on the Garment of the Perfect Law;

I have entered the realm of the Great Reality;

Wandering is ended, for Rest is accomplished;

Pain and sorrow have ceased, for Peace is entered into;

Confusion is dissolved, for Unity is made manifest;

Error is vanquished, for Truth is revealed!"

The harmonizing Principle, Righteousness, or Divine Love, being found, all things are seen as they are, and not through the illusory mediums of selfishness and opinion; the universe is *One*, and all its manifold operations are the manifestation of *one Law*. Hitherto in this work *laws* have been spoken

of as being *higher and lower*, and this distinction was necessary; but now the Kingdom is reached, we see that all the forces operative in human life are the varied manifestations of the One Supreme Law of Love. It is by virtue of this Law that Humanity suffers, in order that by the intensity of its sufferings it shall at last become purified and wise, and so relinquish the source of suffering, which is selfishness.

The Law and foundation of the universe being Love, it follows that all self-seeking is opposed to that Law, and is an effort to overcome or ignore the Law; as a result, every self-seeking act and thought is followed by the exact quota of suffering required to annul its effect and so maintain the universal harmony. All suffering is, therefore, the *restraint* that the Law puts upon ignorance and selfishness: out of such painful restraint Wisdom at last emerges.

There being no strife and no selfishness in the Kingdom, there is therefore no suffering, no restraint; there is perfect harmony, equipoise, rest. Those who have

entered it do not follow any animal inclinations, having none to follow, but live in accordance with the highest Wisdom. Their nature is Love, and they live in love toward all. They are never troubled about "making a living," as they are Life itself, living in the very Heart of Life; and should any material or other need arise, that need is immediately supplied without any anxiety or struggle on their part. Should they be called to undertake any work, the money and friends needed to carry out that work are immediately forthcoming. Having ceased to violate their principles, all their needs are supplied through legitimate channels. Any money or help required comes through the instrumentality of good people who are either living in the Kingdom themselves, or are working for its accomplishment. Those who live in the Kingdom of Love have all their needs supplied by the Law of Love, with all freedom from unrest, just as those who live in the kingdom of self only meet their needs by much strife and suffering. Having altered the root cause

in their heart they have altered all the effects in their inner and outer life. As self is the root cause of all strife and suffering, so Love is the root cause of all peace and bliss.

Those who are at rest in the Kingdom do not look for happiness to any outward possessions. They see that all such possessions are mere transient effects that come when they are required and pass away after their purpose is served. They never think of such things as money, clothing, food, and the like, except as mere accessories and *effects* of the true Life. They are therefore freed from all anxiety and trouble; resting in Love, they are the embodiment of happiness. Standing upon the imperishable Principles of Purity, Compassion, Wisdom, and Love, they are immortal and know they are immortal; they are one with God, the Supreme Good, and know they are one with God. Seeing the realities of things, they can find no room anywhere for condemnation. All the operations that obtain upon the earth they see as instruments of

the Good Law, even those called *evil*. All men are essentially divine, though unaware of their divine nature, and all their acts are efforts, even though many of them are dark and impotent, to realize some higher good. All so-called evil is seen to be rooted in ignorance, even the deeds called *deliberately wicked*, so that condemnation ceases, and Love and Compassion become all in all.

But let it not be supposed that the children of the Kingdom live in ease and indolence, for these two sins are the first that have to be eradicated when the search for the Kingdom is entered upon; they live in a peaceful activity; in fact, *they only* truly live, for the life of self with its train of worries, griefs, and fears, is not *real* life. They do their work with scrupulous diligence, apart from thoughts of self, and employ all their means, as well as their powers and faculties, which are greatly intensified, in building up the Kingdom of Righteousness in the hearts of others and in the world around them. This is their work—first by example, then by precept. Hav-

ing sold all that they have by renouncing all self-interest in their possessions, they now give to the poor by giving of their rich store of wisdom, love, and peace to the needy in spirit, the weary and broken-hearted, and follow the Christ whose name is LOVE. They sorrow no more, but live in perpetual gladness; for, though they see the suffering in the world, they also see the final Bliss and the Eternal Refuge of Love, to which whosoever is ready may come *now*, and to which all shall come at last.

The children of the Kingdom *are known by their life*. They manifest the fruits of the Spirit: 'love, joy, peace, long-suffering, kindness, goodness, faithfulness, meekness, temperance, self-control," in all circumstances and vicissitudes. They are entirely free from anger, fear, suspicion, jealousy, caprice, anxiety, and grief. Living in the Righteousness of God, they manifest qualities the reverse of those obtaining in the world, which are regarded by the world as foolishness. They demand no *rights*; they do not defend themselves; do not retaliate;

do good to those who attempt to injure them; manifest the same gentle spirit toward those who oppose and 'attack them as toward those who agree with them; do not pass judgment on others; condemn no man and no system; and live at peace with all.

The Kingdom of Heaven is perfect trust, perfect knowledge, perfect peace. All is music, sweetness, and tranquillity. No irritations, no bad tempers, no harsh words, no suspicions, no lusts, and no disturbing elements can enter there. Its children live in perfect sweetness, forgiving and forgiven, ministering to others with kindly thoughts, words, and deeds. That Kingdom is in the heart of every man and woman; it is their rightful heritage, their own Kingdom; theirs to enter *now*. But *no sin can enter therein*; no self-born thought or deed can pass its Golden Gates; no impure desire can defile its radiant robes. All may enter it who will, but all *must pay the price*, and that is *the unconditional abandonment of self*. "If thou wilt be perfect, sell all that

thou hast;" but at these words the world turns away "sorrowful, for it is very rich;" rich in money it cannot keep; rich in fears it cannot let go; rich in selfish loves to which it greedily clings; rich in grievous partings it would fain escape; rich in seeking enjoyment; rich in pain and sorrow; rich in strife and suffering; rich in excitement and woe; rich in all things which are not riches, but poor in riches themselves—though these are not to be found outside the Kingdom; rich in all things that pertain to darkness and death; but poor in the things are Light and Life.

He, then, who would realize the Kingdom, let him pay the price and enter. If he have a great and holy faith he can do it *now*, and, letting fall from him like a garment the self to which he has been clinging, stand free. If he have less faith, he must rise above self more slowly, and find the Kingdom by daily effort and patient work.

The Temple of Righteousness is now built, and its four walls are the four Principles of Purity, Wisdom, Compassion, Love. Peace

is its roof, its floor is Steadfastness, its entrance-door is Selfless Duty, its atmosphere is Inspiration, and its music is the Joy of the perfect. It cannot be shaken; being eternal and indestructible, there is no more need to seek protection by taking thought for the things of the morrow. The Kingdom of Heaven being established in the heart, the obtaining of the material necessities of life is no more considered, for, having found the Highest, all these things are added as effect to cause; the struggle for existence has ceased, and the spiritual, mental, and material needs are daily supplied from the universal abundance:

Long I sought thee, Spirit holy,
Master Spirit, meek and lowly;
Sought thee with a silent sorrow, brooding o'er the woes
of men;
Vainly sought thy yoke of meekness
'Neath the weight of woe and weakness;
Finding not, yet in my failing, seeking o'er and o'er again.
In unrest and doubt and sadness
Dwelt I, yet I knew thy Gladness
Waited somewhere; somewhere greeted torn and sorrowing
hearts like mine;
Knew that somehow I should find thee,
Leaving sin and woe behind me,
And at last thy Love should bid me enter into Rest divine.
E.K -6]

Hatred, mockery, and reviling
Scorched my seeking soul, defiling
That which should have been thy Temple, wherein thou
 shouldst move and dwell;
Praying, striving, hoping, calling;
Suffering, sorrowing in my falling,
Still I sought thee, groping blindly in the gloomy depths of
 hell.

And I sought thee till I found thee;
And the dark Powers all around me
Fled, and left me silent, peaceful, brooding o'er thy holy
 themes;
From within me and without me
Fled they when I ceased to doubt thee;
And I found thee in thy Glory, mighty Master of my dreams!

Yea, I found thee, Spirit holy,
Beautiful and pure and lowly;
Found thy Joy and Peace and Gladness; found thee in
 thy House of Rest;
Found thy strength in Love and Meekness,
And my pain and woe and weakness
Left me, and I walked the Pathway trodden only by the
 blest.

PART II
THE HEAVENLY LIFE

THE DIVINE CENTRE

THE secret of life, of abundant life, with its strength, its felicity, and its unbroken peace, is to find the Divine Centre within oneself and to live in and from that, instead of in that outer circumference of disturbances—the clamors, cravings, and argumentations that make up the animal and intellectual man. These selfish elements constitute the mere husks of life, and must be thrown away by him who would penetrate to the Central Heart of things—to Life itself.

Not to know that within you which is changeless and defiant of time and death, is not to know anything, but to play vainly with unsubstantial reflections in the Mirror of Time. Not to find within you the passionless Principles that are unmoved by the strifes and shows and vanities of the world, is to find nothing but illusions that vanish as they are grasped.

He who resolves that he will not rest satisfied with appearances, shadows, illusions shall, by the piercing light of that resolve, disperse every fleeting phantasy, and shall enter into the substance and reality of life. He shall learn how to live, and he shall *live*. He shall be the slave of no passion, the servant of no opinion, the votary of no fond error. Finding the Divine Centre within (his own heart) he will be pure and calm and strong and wise, and ceaselessly radiate the Heavenly Life in which he lives—*which is himself*—His Divine Self.

Having betaken himself to the Divine Refuge within, and remaining there, a man is free. All his yesterdays are the tide-washed and untrodden sands; no sin shall rise up against him to torment and accuse him and destroy his sacred peace; the fires of remorse cannot scorch him, nor can the storms of regret devastate his dwelling-place. His to-morrows are as seeds that shall germinate, bursting into beauty and potency of life, and no doubt shall shake

his trust, no uncertainty rob him of repose. The *Present* is his, only in the immortal Present does he live, and it is as the eternal vault of blue above that looks down silently and calmly, yet radiant with purity and light, upon the upturned and tear-stained faces of the centuries.

Men love their desires, for gratification seems sweet to them, but its end is pain and vacuity; they love the argumentations of the intellect, for egotism seems most desirable to them, but the fruits thereof are humiliation and sorrow. When the soul has reached the end of gratification and reaped the bitter fruits of egotism, it is ready to receive the Divine Wisdom and to enter into the Divine Life. Only the crucified can be transfigured; only by the passing away of self can the Lord of the heart rise again into the Immortal Life, and stand radiant upon the Olivet of Wisdom.

Thou hast thy trials? Every outward trial is the replica of an inward imperfection. Thou shalt grow wise by knowing this, and shalt thereby transmute trial

into active joy, finding the Kingdom where trial cannot come. When wilt thou learn thy lessons, O child of earth! All thy sorrows cry out against thee; every pain is thy just accuser, and thy griefs are but the shadows of thy unworthy and perishable self. The Kingdom of Heaven is thine; how long wilt thou reject it, preferring the lurid atmosphere of hell—the hell of thy self-seeking self?

Where self is not there is the Garden of the Heavenly Life, and

“There spring the healing streams

Quenching all thirst! there bloom the immortal flowers

Carpeting all the way with joy! there throng

Swiftest and sweetest hours!”

The redeemed sons of God, the glorified in body and spirit, are bought with a price, and that price is the crucifixion of the personality, the death of self; having put away that within which is the source of all discord, they have found the universal Music, the abiding Joy.

Life is more than motion, it is music; more than rest, it is Peace; more than work, it is Duty; more than labor, it is

Love; more than enjoyment, it is Blessedness; more than acquiring money and position and reputation, it is Knowledge, Purpose, strong and high Resolve.

Let the impure turn to Purity, and they shall be pure; let the weak resort to Strength, and they shall be strong; let the ignorant fly to Knowledge, and they shall be wise. All things are man's, and he chooses what he will have. To-day he chooses in ignorance, to-morrow he shall choose in Wisdom. He shall work out his own salvation whether he believe it or not, for he cannot escape himself nor transfer to another the eternal responsibility of his own soul. By no theological subterfuge may he trick the Law of his being, which shall shatter all his selfish makeshifts and excuses for right thinking and right doing. Nor shall God do for him what it is desired his soul shall accomplish for itself. What would you say of a man who, wanting to possess a mansion in which to dwell peacefully, purchased the site and then knelt down and asked God to build the house for him?

Would you not say that such a man was foolish? And of another man, who having purchased the land, set the architects and builders and carpenters at work to erect the edifice, would you not say that he was wise? As it is in the building of a material house, even so is it in the building of a spiritual mansion. Brick by brick, pure thought upon pure thought, good deed upon good deed, must the habitation of a blameless life rise from its sure foundation until at last it stands out in all the majesty of its faultless proportions. Not by caprice, nor gift, nor favor does a man obtain the spiritual realities, but by diligence, watchfulness, energy, and effort.

“Strong is the soul, and wise and beautiful;
The seeds of God-like power are in us still;
Gods are we, bards, saints, heroes, if we will.”

The Spiritual Heart of man is the Heart of the universe; finding that Heart, man finds strength to accomplish all things. He finds there Wisdom to see things as they are. He finds there the Peace that is divine. At the centre of man's being is

the Music that orders the stars—the Eternal Harmony. He who would find Blessedness, let him find himself; let him abandon every discordant desire, every inharmonious thought, every unlovely habit and deed, and he will find the Grace and Beauty and Harmony that form the indestructible essence of his own being.

Men fly from creed to creed, and find—unrest; they travel in many lands, and discover—disappointment; they build themselves beautiful mansions and plant pleasant gardens, and reap—ennui and discomfort. Not until a man falls back upon the Truth within himself does he find rest and satisfaction; not until he builds the inward Mansion of Faultless Conduct does he find the endless and incorruptible Joy; having obtained that, he will infuse it into all his outward doings and possessions.

If a man would have peace, let him exercise the spirit of Peace; if he would find love, let him dwell in the spirit of Love; if he would escape suffering, let him cease to inflict it; if he would do noble things for

humanity, let him cease to do ignoble things for himself. If he will but quarry the mine of his own soul, he shall find there all the materials for building whatsoever he will, and he shall find there also the central Rock on which to build in safety.

Howsoever a man works to right the world, it will never be righted until he has put himself right. This may be written upon the heart as a mathematical axiom. It is not enough to preach Purity, men must cease from lust; to exhort to love, they must abandon hatred; to extol self-sacrifice, they must yield up self; to adorn with mere words the Perfect Life, they must *be* perfect.

When a man can no longer carry the weight of his many sins, let him fly to the Christ, whose throne is the centre of his own being; and he shall become light-hearted, entering the glad company of the immortals.

When he can no longer bear the burden of his accumulated learning, let a man leave his books, his science, his philosophy, and come back to himself; and he shall find within,

what he outwardly sought and found not—his own divinity.

He ceases to argue about God who has found God within. Relying upon the calm strength that is not the strength of self, he *lives* God, manifesting in his daily life the Highest Goodness, which is Eternal Life.

THE ETERNAL NOW

NOW is the reality in which time is contained. It is more and greater than time; it is an ever-present reality. It knows neither past nor future, and is eternally potent and substantial. Every minute, every day, every year is a dream as soon as it has passed, to exist only as an imperfect and unsubstantial picture in the memory, or be held in complete abeyance.

Past and future are dreams; *now* is a reality. All things are now; all power, all possibility, all action is now. Not to act and accomplish now is not to act and accomplish at all. To live in thoughts of what you might have done, or in dreams of what you mean to do, this is folly; but to put away regret, to anchor anticipation, and to do and to work *now*, this is wisdom.

While a man is dwelling upon the past or future he is missing the present; he is forgetting to live now. All things are pos-

sible now, and *only* now. Without wisdom to guide him, mistaking the unreal for the real, a man says, "If I had done so and so last week, last month, or last year, it would have been better with me to-day"; or, "I know what is best to be done, and I will do it to-morrow." The selfish cannot comprehend the vast importance and value of the present, and fail to see it as the substantial reality of which past and future are the empty reflections. It may truly be said that past and future do not exist except as negative shadows, and to live in them—that is, in regretful and selfish contemplation or expectation of them—is to miss the reality in life.

"The Present, the Present is all thou hast

For thy sure possessing;

Like the patriarch's angel, hold it fast,

Till it gives its blessing. . . .

"All which is real now remaineth,

And fadeth never;

The hand which upholds it now sustaineth

The soul for ever. . . .

"Then of what is to be, and of what is done.

Why quierest thou?

The past and the time to be are one,

And both are NOW!"

Man has all power now; but not knowing this, he says, "I will be perfect next year, or in so many years." The dwellers in the Kingdom of God, who live only in the now, say, "I am perfect now"; refraining from all sin now, and ceaselessly guarding the portals of the mind, not looking to the past nor to the future, not turning to the left nor right, they remain eternally holy and blessed. "Now is the accepted time; now is the day of salvation."

Say to yourself, "I will live in my Ideal now; I will manifest my Ideal now; I will be my Ideal now; I will listen to the voice of my Ideal now." Thus resolving, and thus doing, you shall remain in the Highest, and shall eternally manifest the True.

"Afoot and lighthearted, I take to the open road.

Henceforth I ask not good fortune: I myself am
good fortune.

Henceforth I whimper no more, postpone no more,
need nothing;

Done with indoor complaints, libraries, querulous
criticisms.

Strong and content, I take to the open road."

Cease to tread every byway of dependence, every winding side-path that tempts
E.K.-7]

thy soul into the shadow-land of the past and the future; and manifest thy native and divine strength now. Come out into the open road.

All that you would be and hope to be, you may be now. Non-accomplishment resides in your perpetual postponement; having the power to postpone, you also have the power to accomplish—to perpetually accomplish; realize this truth, and you shall be to-day, and every day, the ideal man of whom you dreamed.

Virtue consists in overcoming sin day after day, but holiness consists in leaving sin, unnoticed and ignored, to die by the wayside; and this is done, can only be done, in the living now. Say not unto thy soul, "Thou shalt be purer to-morrow"; but rather say, "Thou shalt be pure now." To-morrow is too late for anything, and he who sees his help and salvation in to-morrow shall continually fail and fall to-day.

Thou didst fall yesterday? Didst sin grievously? Having realized this, leave it instantly and for ever, and watch that thou

sinnest not now. The while thou art bewailing the past every gate of thy soul remaineth unguarded against the entrance of sin now. Thou shalt not rise by grieving over the irremediable past, but by remedying the present.

The foolish man, loving the boggy side-path of procrastination rather than the firm Highway of Present Effort, says, "I will rise early to-morrow; I will get out of debt to-morrow; I will carry out my intentions to-morrow." But the wise man, realizing the momentous import of the Eternal Now, rises early to-day; keeps out of debt to-day; carries out his intentions to-day; and so never departs from strength and peace and ripe accomplishment.

What is done now remains; what is to be done to-morrow does not appear. It is wisdom to leave what has not arrived, and to attend to what is; and to attend to it with such consecration of soul and concentration of effort as shall leave no possible loophole for regret to creep in.

A man's spiritual comprehension being clouded by the illusions of self, he says,

"I was born on such a day, so many years ago, and shall die at my allotted time." But he was not born, neither will he die, for how can that which is immortal, which eternally *is*, be subject to birth and death? Let a man throw off his illusions, and then he will see that the birth and death of the *body* are the mere incidents of a journey, and not its beginning and end: "Our birth is but a sleep and a forgetting."

Looking back to happy beginnings, and forward to mournful endings, a man's eyes are blinded so that he beholds not his own immortality; his ears are closed so that he hears not the ever-present harmonies of Joy; and his heart is hardened so that it pulsates not to the rhythmic sounds of Peace.

The universe, with all that it contains, is now. Put out thy hand, O man, and receive the fruits of Wisdom! Cease from thy greedy striving, thy selfish sorrowing, thy foolish regretting, and be content to *live*. Act now, and, lo! all things are done; live now, and, behold! thou art in the midst of Plenty; *be* now, and *know* that thou art perfect.

THE "ORIGINAL SIMPLICITY"

LIFE is simple. Being is simple. The universe is simple. Complexity arises in ignorance and self-delusion. The "Original Simplicity" of Lao-tze is a term expressive of the universe as it *is*, and not as it *appears*. Looking through the woven network of his own illusions, man sees interminable complication and unfathomable mystery, and so loses himself in the labyrinths of his own making. Let a man put away egotism, and he will see the universe in all the beauty of its pristine simplicity. Let him annihilate the delusion of the personal "I," and he will destroy all the illusions which spring from that "I." He will thus "re-become a little child," and will "revert to Original Simplicity."

When a man succeeds in entirely forgetting and annihilating his personal self, he becomes a mirror in which the universal Reality is faultlessly reflected. He is awakened,

and henceforward he lives, not in dreams, but realities.

Pythagoras saw the universe in the ten numbers, but even this simplicity may be further reduced and the universe ultimately found to be contained in the number ONE, for all the numerals and all their infinite complications are but additions of the *One*.

Let life cease to be lived as a fragmentary thing, and let it be lived as a perfect Whole; the simplicity of the Perfect will then be revealed. How shall the fragment comprehend the Whole? Yet how simple that the Whole should comprehend the fragment. How shall sin perceive Holiness? Yet how plain that Holiness should understand sin. He who would become the Greater, let him abandon the lesser. In no form is the circle contained, but in the circle all forms are contained. In no color is the radiant light imprisoned, but in the radiant light all colors are embodied. Let a man destroy all the forms of self, and he shall apprehend the Circle of Perfection; let him

submerge, in the silent depths of his being, the varying colors of his thoughts and desires, and he shall be illuminated with the White Light of Divine Knowledge. In the perfect chord of music the single note, though forgotten, is indispensably contained; and the drop of water becomes of supreme usefulness by losing itself in the ocean. Sink thyself compassionately in the heart of humanity, and thou shalt reproduce the harmonies of Heaven; lose thyself in unlimited love toward all, and thou shalt work enduring works and shalt become one with the Eternal Ocean of Bliss.

Man evolves outward to the periphery of complexity, and then involves backward to the Central Simplicity. When a man discovers that it is mathematically impossible for him to know the universe before knowing himself, he starts upon the Way which leads to the Original Simplicity. He begins to unfold from within, and as he unfolds himself, he enfolds the universe, is himself a microcosm.

Cease to speculate about God, and find the all-embracing Good within thee; so shalt thou see the emptiness and vanity of speculation, knowing thyself one with God.

He who will not give up his secret lust, his covetousness, his anger, his opinion about this or that, can see nor know nothing; he will remain a dullard in the school of Wisdom, though he be accounted learned in the colleges.

If a man would find the Key of Knowledge, let him find himself. Thy sins are not thyself; they are not any part of thyself; they are diseases which thou hast come to love. Cease to cling to them, and they will no longer cling to thee. Let them fall away, and thy self shall stand revealed. Thou shalt then know thyself as Comprehensive Vision, Invincible Principle, Immortal Life, and Eternal Good.

The impure man believes impurity to be his rightful condition, but the pure man knows himself as pure being; he also, penetrating the Veils, sees all others as pure being. Purity is extremely simple,

and needs no argument to support it; impurity is interminably complex, and is ever involved in defensive argument. Truth *lives* itself. A blameless life is the only witness of Truth. Men cannot see, and will not accept the witness until they find it within themselves; having found it, a man becomes silent before his fellows. Truth is so simple that it cannot be found in the region of argument and advertisement, and so silent that it is only manifested in actions.

So extremely simple is Original Simplicity, that a man must let go his hold of everything before he can perceive it. The great arch is strong by virtue of the hollowness underneath, and a wise man becomes strong and invincible by emptying himself.

Meekness, Patience, Love, Compassion, and Wisdom—these are the dominant qualities of Original Simplicity; wherefore the imperfect cannot understand it. Wisdom only can apprehend Wisdom, wherefore the fool says, "No man is wise." The imperfect man says, "No man can be perfect," and wherefore he remains where he is. Though

he live with a perfect man all his life, he shall not behold his perfection. Meekness he will call cowardice; Patience, Love, and Compassion he will see as weakness; and Wisdom will appear to him as folly. Faultless discrimination belongs to the Perfect Whole, and resides not in any part, wherefore men are exhorted to refrain from judgment until they have themselves manifested the Perfect Life.

Arriving at Original Simplicity, opacity disappears, and the universal transparency becomes apparent. He who has found the indwelling Reality of his own being has found the original and universal Reality. Knowing the Divine Life within, the hearts of all are known, and the thoughts of all men become his who has become the master of his own thoughts; wherefore the good man does not defend himself, but moulds the minds of others to his own likeness.

As the problematical transcends crudity, so Pure Goodness transcends the problematical. All problems vanish when Pure Goodness is reached; therefore the good

man is called "the slayer of illusions." What problem can vex where sin is not? O thou who strivest loudly and retest not! retire into the holy silence of thine own being, and live therefrom. So shalt thou, finding Pure Goodness, rend in twain the Veil of the Temple of Illusion, and shalt enter into the Patience, Peace, and transcendent Glory of the Perfect; for Pure Goodness and Original Simplicity are one.

THE UNVEILING WISDOM

A MAN should be superior to his possessions, his body, his circumstances and surroundings, and the opinions of others and their attitude toward him. Until he is all these, he is not strong and steadfast. He should also rise superior to his own desires and opinions; and until he is this, he is not wise.

The man who identifies himself with his possessions will feel that all is lost when these are lost; he who regards himself as the outcome and the tool of circumstances will weakly fluctuate with every change in his outward condition; and great will be his unrest and pain who seeks to stand upon the approbation of others.

To detach oneself from every outward thing, and to rest securely upon the inward Virtue, this is the Unfailing Wisdom. Having this Wisdom, a man will be the same whether in riches or in poverty. The one can-

not add to his strength, nor the other rob him of his serenity. Neither can riches defile him who has washed away all the inward defilement, nor the lack of them degrade him who has ceased to degrade the temple of his soul.

To refuse to be enslaved by any outward thing or happening, regarding all such things and happenings as for your use, for your education, this is Wisdom. To the wise all occurrences are *good*, and, having no eye for evil, they grow wiser every day. They utilize all things, and thus put all things under their feet. They see all their mistakes as soon as made, and accept them as lessons of intrinsic value, knowing that there are no mistakes in the Divine Order. They thus rapidly approach the Divine Perfection. They are moved by none, yet learn from all. They crave love from none, yet give love to all. To learn, and not to be shaken; to love where one is not loved; herein lies the strength that shall never fail a man. The man who says in his heart, "I will teach all men, and learn from none,"

will neither teach nor learn while in that frame of mind, but will remain in his folly.

All strength and wisdom and power and knowledge a man will find within himself, but he will not find it in egotism; he will find it only in obedience, submission, and willingness to learn. He must obey the Higher, and not glorify himself in the lower. He who stands upon egotism, rejecting reproof, instruction, and the lessons of experience, will surely fall; yea, he is already fallen. Said a great Teacher to his disciples: "Those who shall be a lamp unto themselves, relying upon themselves only, and not relying upon any external help, but holding fast to the Truth as their lamp, and, seeking their salvation in the Truth alone, shall not look for assistance to any besides themselves, it is they among my disciples who shall reach the very topmost height! *But they must be willing to learn.*" The wise man is always anxious to learn but never anxious to teach, for he knows that the true Teacher is in the heart of every man and must

ultimately be found there by all. The foolish man, being governed largely by vanity, is anxious to teach but unwilling to learn, not having found the Holy Teacher within who speaks wisdom to the humbly listening soul. Be self-reliant, but let thy self-reliance be saintly and not selfish.

Folly and wisdom, weakness and strength are within a man and not in any external thing, neither do they spring from any external cause. A man cannot be strong for another, he can only be strong for himself; he cannot overcome for another, he can only overcome of himself. You may learn of another, but you must accomplish for yourself. Put away all external props, and rely upon the Truth within you. A creed will not bear a man up in the hour of temptation; he must possess the inward Knowledge that slays temptation. A speculative philosophy will prove a shadowy thing in the time of calamity; a man must have the inward Wisdom that puts an end to grief.

Goodness, the aim of all religions, is distinct from the religions themselves. Wisdom, the aim of every philosophy, is distinct from all philosophies. The Unfailing Wisdom is found only by constant practice in pure thinking and well-doing; by harmonizing one's mind and heart to the things that are beautiful, lovable, and true

In whatever condition a man finds himself, he can always find the True; and he can find it only by so utilizing his present condition as to become strong and wise. The effeminate hankering after rewards, and the craven fear of punishment, let them be put away for ever, and let a man joyfully bend himself to the faithful performance of all his duties, forgetting himself and his worthless pleasures, and living strong and pure and self-contained; so shall he surely find the Unfailing Wisdom, the God-like Patience and strength. "The situation that has not its Duty, its Ideal, was never yet occupied by man. . . . Here or nowhere is thy Ideal. Work it out therefrom, and, working, believe, live,

E.K.-8]

be free. The Ideal is in thyself, the impediment, too, is in thyself; thy condition is but the stuff thou art to shape that same Ideal out of. What matters whether such stuff be of this sort or that, so the form thou give it be heroic, be poetic? Oh, thou that pinest in the imprisonment of the Actual, and criest bitterly to the gods for a kingdom wherein to rule and create, know this of a truth: The thing thou seekest is already within thee, here and now, couldst thou only see!"

All that is beautiful and blessed is in thyself, not in thy neighbor's wealth. Thou art poor? Thou art poor indeed if thou art not stronger than thy poverty! Thou hast suffered calamities? Well, shalt thou cure calamity by adding anxiety to it? Canst thou mend a broken vase by weeping over it, or restore a lost delight by thy lamentations? There is no evil but will vanish if thou wilt wisely meet it. The God-like soul grieveth not over what has been, is, or will be, but perpetually findeth the Divine Good, and gaineth wisdom by every occurrence.

Fear is the shadow of selfishness, and cannot live where loving Wisdom is. Doubt, anxiety, and worry are unsubstantial shades in the underworld of self; and shall no more trouble him who will climb the serene altitudes of his soul. Grief, also, will be for ever dispelled by him who will comprehend the Law of his being. He who so comprehends shall find the Supreme Law of Life, and he shall find that it is Love, that it is imperishable Love. He shall become one with that divine Love, and loving all, with mind freed from all hatred and folly, he shall receive the invincible protection that Love affords. Claiming nothing, he shall suffer no loss; seeking no pleasure, he shall find no grief; and employing all his powers as instruments of service, he shall evermore live in the highest state of blessedness and bliss.

Know this: Thou makest and unmakest thyself; thou standest and fallest by what thou art. Thou art a slave if thou preferrest to be; thou art a master if thou wilt make thyself one. Build upon thine animal desires

and intellectual opinions, and thou buildest upon the sand; build upon Virtue and Holiness, and no wind nor tide shall shake thy strong abode. So shall the Unfailing Wisdom uphold thee in every emergency, and the Everlasting Arms gather thee to thy peace.

“Lay up each year
Thy harvest of well-doing, wealth that kings
Nor thieves can take away. When all the things
Thou callest thine, goods, pleasures, honors fall,
Thou in thy virtue shalt survive them 'all.”

THE MIGHT OF MEEKNESS

THE mountain bends not to the fiercest storm, but it shields the fledgeling and the lamb; and though all men tread upon it, yet it protects them, and bears them up upon its deathless bosom. Even so is it with the meek man who still, though shaken and disturbed by none, compassionately bends to shield the lowliest creature, and, though he may be despised, lifts all men up and lovingly protects them.

As glorious as the mountain in its silent might is the divine man in his silent Meekness; like its form, his loving compassion is expansive and sublime. Truly his body, like the mountain's base, is fixed in the valleys and the mists; but the summit of his being is eternally bathed in cloudless glory, and lives with the Silences.

He that has found Meekness has found divinity; he has realized the divine consciousness, and knows himself as ^{truly} divine.

He also knows all others as divine, though they know it not themselves, being asleep and dreaming. Meekness is a divine quality, and as such is all-powerful. The meek man overcomes by not resisting, and by allowing himself to be defeated he attains to the Supreme Conquest.

The man that conquers another by force is strong; the man that conquers himself by Meekness is mighty. He that conquers another by force will himself likewise be conquered; he that conquers himself by Meekness shall never be overthrown, the human cannot overcome the divine. The meek man is triumphant in defeat. Socrates lives the more by being put to death; in the crucified Jesus the risen Christ is revealed, and Stephen in receiving his stoning defies the hurting power of stones. What is real cannot be destroyed. When a man finds that within him which is real, which is constant, abiding, changeless, and eternal, he enters into that reality, and becomes meek. All the powers of darkness will come against him, but they will do

him no hurt, and shall at last depart from him.

The meek man is found in the time of trial; when other men fall he stands. His patience is not destroyed by the foolish passions of others, and when they come against him he does not strive nor cry. He knows the utter powerlessness of all evil, having overcome it in himself; and lives in the changeless strength and power of divine Good.

Meekness is one aspect of the operation of the changeless Love that is at the Heart of all things, and is therefore an imperishable quality. He who lives in it is without fear, knowing the Highest and having the lowest under his feet.

The meek man shines in darkness, and flourishes in obscurity. Meekness cannot boast, nor advertise itself, nor thrive on popularity. It is *practised*, and being a spiritual quality it is perceived only by the eye of the spirit. Those who are not spiritually awakened see it not, nor do they love it, being enamored of and blinded by

worldly shows and appearances. Nor does history take note of the meek man. Its glory is that of strife and self-aggrandisement; his is the glory of peace and gentleness. History chronicles the earthly, not the heavenly acts. Yet though he lives in obscurity he cannot be hidden—for how can light be hid?; he continues to shine after he has withdrawn himself from the world, and is worshipped by the world that knew him not.

That the meek man should be neglected, abused, or misunderstood is reckoned by him as of no account, and therefore not to be considered, much less resisted. He knows that all such weapons are the flimsiest and most ineffectual of shadows. To them, therefore, who give him evil he gives good. He resists none, and thereby conquers all.

He who imagines he can be injured by others, who seeks to justify and defend himself against them, does not understand Meekness, does not comprehend the essence and meaning of life. "He abused me, he beat me, he defeated me, he robbed me.—

In those who harbor such thoughts hatred will never cease, . . . for hatred ceases not by hatred at any time; hatred ceases by love." What sayest thou, thy neighbor has spoken thee falsely? Well, what of that? Can a falsity hurt thee? What is false is false, and there is an end of it. It is without life, and without power to hurt any but him who seeks to hurt by it. It is nothing to thee that thy neighbor should speak falsely of thee, but it is much to thee that thou shouldst resist him, and seek to justify thyself, for, by so doing, thou givest life and vitality to thy neighbor's falseness, so that thou art injured and distressed. Take all evil out of thine own heart, then shalt thou see the folly of resisting it in another. Thou wilt be trodden on? Thou art trodden on already if thou thinkest thus. The injury that thou seest as coming from another comes only from thyself. The wrong thought, or word, or act of another has no power to hurt thee unless thou vivify it by thy passionate resistance, and so receivest it into thy-

self. If a man slander me, that is his concern, not mine. I have to do with my own soul, not with my neighbor's. Though all the world misjudge me, it is no business of mine; but that I should possess my soul in Purity and Love, that is all my business. There shall be no end to strife until men cease to justify themselves. He who would have wars cease let him cease to defend any party; let him cease to defend himself. Not by strife can peace come, but by ceasing from strife. The glory of Cæsar resides in the resistance of his enemies. They resist and fall. Give to Cæsar what Cæsar demands, and Cæsar's glory and power are gone. Thus by submission does the meek man conquer the strong man; but it is not the outward show of submission that is slavery, it is the inward and spiritual submission that is *freedom*.

Claiming no *rights*, the meek man is not troubled with self-defence and self-justification; he lives in love, and therefore comes under the immediate and vital pro-

tection of the Great Love that is the Eternal Law of the universe. He neither claims nor seeks his own; thus do all things come to him, and all the universe shields and protects him.

He who says, "I have tried Meekness, and it has failed," has not tried Meekness. It cannot be tried as an experiment. It is only arrived at by unreserved self-sacrifice. Meekness does not consist merely in non-resistance in action; it consists pre-eminently in non-resistance in *thought*, in ceasing to hold or to have any selfish, condemnatory, or retaliatory thoughts. The meek man therefore cannot take offence or have his feelings hurt, living as he does above hatred, folly, and vanity. Meekness can never fail.

O thou who searchest for the Heavenly Life! strive after Meekness; increase thy patience and forbearance day by day; bid thy tongue cease from all harsh words; withdraw thy mind from selfish arguments; and refuse to brood upon thy wrong: so living, thou shalt carefully tend and cultivate

the pure and delicate flower of Meekness in thy heart, until at last its divine sweetness and purity and beauteous perfection shall be revealed to thee, and thou shalt become gentle, joyful, and strong. Repine not that thou art surrounded by irritable and selfish people; but rather rejoice that thou art so favored as to have thine own imperfections revealed to thee, and that thou art so placed as to necessitate within thee a constant struggle for self-mastery and the attainment of perfection. The more there is of harshness and selfishness around thee the greater is the need of thy Meekness and love. If others seek to wrong thee, all the more is it needful that thou shouldst cease from all wrong, and live in love; if others preach Meekness, humility, and love, and do not practise these, trouble not, nor be annoyed; but do thou in the silence of thy heart and in thy contact with others *practise* these things, and they shall preach themselves. Though thou utter no declamatory word, and stand before no gathered audience, thou shalt teach the whole world.

As thou becomest meek, thou shalt learn the deeper secrets of the universe. Nothing is hidden from him who overcometh himself. Into the cause of causes shalt thou penetrate, and lifting, one after another, every veil of illusion, shalt reach at last the inmost Heart of Being. Thus becoming one with Life, thou shalt know all life, and, seeing into causes, and knowing realities, thou shalt be no more anxious about thyself and others and the world, but shalt see that all things that are are engines of the Great Law. Canopied with gentleness, thou shalt bless and never curse, love and never hate, forgive and never condemn, yield where others strive, give up where others grasp, lose where others gain. And in their strength they shall be weak; and in thy weakness thou shalt be strong; yea, thou shalt mightily prevail. He that hath not unbroken gentleness hath not Truth:

“Therefore when Heaven would save a man, it enfolds him with gentleness.”

THE RIGHTEOUS MAN

THE righteous man is invincible. No enemy can possibly overcome or confound him; and he needs no other protection than that of his own integrity and holiness.

As it is impossible for evil to overcome Good, so the righteous man can never be brought low by the unrighteous. Slander, envy, hatred, malice can never reach the righteous man nor cause him any suffering, and those who try to injure him only succeed ultimately in bringing ignominy upon themselves.

The righteous man, having nothing to hide, committing no acts that require stealth, and harboring no thoughts and desires that he would not like others to know, is fearless and unashamed. His step is firm, his body upright, and his speech direct and without ambiguity. He looks everybody in the face. How can he fear any who wrongs none? How can he be

ashamed before any who deceives none? Ceasing from all wrong he can never be wronged; ceasing from all deceit he can never be deceived.

The righteous man, performing all his work with scrupulous diligence, and living above sin, is invulnerable at every point. He who has slain the inward enemies of virtue can never be brought low by any outward enemy; neither does he need to seek any protection against them, righteousness being an all-sufficient protection.

The unrighteous man is vulnerable at almost every point; living in his passions, the slave of prejudices, impulses, and ill-formed opinions, he is continually suffering, as he imagines, at the hands of others. The slanders, attacks, and accusations of others cause him great suffering because they have a basis of truth in himself; not having the protection of righteousness, he endeavors to justify and protect himself by resorting to retaliation and specious argument, and even to subterfuge and deceit.

The partially righteous man is vulnerable at every point where he falls short of righteousness, and should the righteous man fall from his righteousness and give way to *one* sin, his invincibility is gone, for he has thereby placed himself where attack and accusation can justly reach and injure him, because he has first injured himself.

If a man suffers or is injured through the instrumentality of others, let him look to himself; putting aside self-pity and self-defence, he will find in his own heart the source of all his woe.

No evil can happen to the righteous man who has cut off the source of evil in himself; living in the All-Good, and abstaining from sin in thought, word, and deed, whatever happens to him is good; neither can any person, event, or circumstance cause him suffering, for the tyranny of circumstance is utterly destroyed for him who has broken the bonds of sin.

The suffering, the sorrowing, the weary and broken-hearted ever seek a sorrowless refuge, a haven of perpetual peace. Let

such go to the refuge of the righteous life; let them come now and enter the haven of the sinless state, for sorrow cannot overtake the righteous; suffering cannot reach him who does not waste in self-seeking his spiritual substance; and he cannot be afflicted by weariness and unrest whose heart is at peace with all.

PERFECT LOVE

THE Children of Light, who abide in the Kingdom of Heaven, see the universe and all that it contains as the manifestation of one Law—the Law of Love. They see Love as the moulding, sustaining, protecting, and perfecting Power immanent in all things animate and inanimate. To them Love is not merely and only a rule of life, it is the Law of Life, it is Life itself. Knowing this, they order their whole life in accordance with Love, not regarding their own personality. Thus practising obedience to the Highest, to divine Love, they become conscious partakers of the power of Love; and so arrive at perfect Freedom as Masters of Destiny.

The universe is preserved because Love is at the Heart of it. Love is the only preservative power. While there is hatred in the heart of man, he imagines the Law to be cruel; but when his heart is mellowed

by Compassion and by Love, he perceives that the Law is Infinite Kindness. So kind is the Law that it protects man against his own ignorance. Man, in his puny efforts to subvert the Law by attaching undue importance to his own little personality, brings upon himself such trains of suffering that he is at last compelled, in the depth of his afflictions, to seek for Wisdom; finding Wisdom, he finds Love, and knows it as the Law of his being, the Law of the universe. Love does not punish; man punishes himself by his own hatred; by striving to preserve evil that has no life by which to preserve itself, and by trying to subvert Love, which can neither be overcome nor destroyed, being of the substance of Life. When a man burns himself, does he accuse the fire? Therefore when a man suffers, let him look for some ignorance or disobedience within himself.

Love is Perfect Harmony, pure Bliss, and contains, no element of suffering. Let a man think no thought and do no act not in accordance with pure Love, and suffer-

ing shall no more trouble him. If a man would know Love and partake of its undying bliss, he must practise it in his heart; he must become Love.

He who always acts from the spirit of Love is never deserted, is never left in a dilemma or difficulty, for Love—impersonal Love—is both Knowledge and Power. He who has learned how to Love has learned how to master every difficulty, how to transmute every failure into success, how to clothe every event and condition in garments of blessedness and beauty.

The way to Love is by self-mastery, and, travelling that way, a man builds himself up in Knowledge as he proceeds. Arriving at Love, he enters into full possession of body and mind, by right of the divine Power he has earned.

“Perfect Love casteth out fear.” To know Love is to know that there is no harmful power in the whole universe. Even sin itself, which the worldly and unbelieving imagine to be so unconquerable, is known as a weak and perishable

thing, that shrinks and disappears before the compelling power of Good. Perfect Love is perfect Harmlessness. He who has destroyed in himself all thoughts of harm and all desire to harm, receives the universal protection, and knows himself to be invincible.

Perfect Love is perfect Patience. Anger and irritability cannot dwell with it nor come near it. It sweetens every bitter occasion with the perfume of holiness, and transmutes trial into divine strength. Complaint is foreign to it. He who loves bewails nothing, but accepts all things and conditions as heavenly guests; he is therefore constantly blessed, and sorrow does not overtake him.

Perfect Love is perfect Trust. He who has destroyed the desire to grasp can never be troubled with the fear of loss. Loss and gain are alike foreign to him. Steadfastly maintaining a loving attitude of mind toward all, and pursuing in the performance of his labors a constant and loving activity, Love protects him and evermore supplies

him in fullest measure with all that he needs.

Perfect Love is perfect Power. The wisely loving heart commands without exercising any authority. All things and all men obey him who obeys the Highest. He thinks, and lo! he has already accomplished. He speaks, and behold! a world hangs upon his simple utterances. He has harmonized his thoughts with the Imperishable and Unconquerable Forces, and for him weakness and uncertainty are no more. His every thought is a purpose; his every act an accomplishment; he moves with the Great Law, not setting his puny personal will against it, and thus becomes a channel through which the Divine Power can flow in unimpeded and beneficent expression. He has thus become Power itself.

Perfect Love is perfect Wisdom. The man who loves all is the man who knows all. Having thoroughly learned the lessons of his own heart, he knows the tasks and trials of other hearts, and adapts himself

to them gently and without ostentation. Love illuminates the intellect; without it the intellect is blind and cold and lifeless. Love succeeds where the intellect fails; sees where the intellect is blind; knows where the intellect is ignorant. Reason is only completed in Love, and is ultimately absorbed in it. Love is the Supreme Reality in the universe, and as such it contains all Truth. Infinite Tenderness enfolds and cherishes the universe; therefore is the wise man gentle and childlike and tender-hearted. He sees that the one thing all creatures need is Love, and he gives unstintingly. He knows that all occasions require the adjusting power of Love, and he ceases from harshness. .

To the eye of Love all things are revealed, not as an infinity of complex effects, but in the light of Eternal Principles, out of which spring all causes and effects, and back into which they return. "God is Love"; than Love there is nothing more perfect. He who would find pure Knowledge let him find pure Love.

Perfect Love is Perfect Peace. He who dwells with it has completed his pilgrimage in the underworld of sorrow. With mind calm and heart at rest, he has banished the shadows of grief, and knows Eternal Life.

If thou wouldst perfect thyself in Knowledge, perfect thyself in Love. If thou wouldst reach the Highest, ceaselessly cultivate a loving and compassionate heart.

PERFECT FREEDOM

THERE is Perfect Freedom in the Heavenly Life. This is its great glory. This Supreme Freedom is gained by obedience. He who obeys the Highest co-operates with the Highest, and so masters every force within himself and every condition without. A man may choose the lower and neglect the Higher, but the Higher is never overcome by the lower: herein lies the revelation of Freedom. Let a man choose the Higher and abandon the lower; he shall then establish himself as an Overcomer, and shall realize Perfect Freedom.

To give the reins to inclination is the only slavery; to conquer oneself the only freedom. The slave to self loves his chains, and will not have one of them broken for fear he should be depriving himself of some cherished delight. He clings to his gratifications and vanities, regarding freedom from them as an empty and undesirable

condition. He thus defeats and enslaves himself.

By self-enlightenment is Perfect Freedom found. While a man remains ignorant of himself, of his desires, of his emotions and thoughts, and of the inward causes that mould his life and destiny, having neither control nor understanding of himself, he will remain in bondage to passion, sorrow, suffering, and fluctuating fortune. The Land of Perfect Freedom lies through the Gate of Knowledge.

All outward oppression is only the shadow and effect of the real oppression within. For ages the oppressed have cried for liberty, and a thousand man-made statutes have failed to give it to them. They only can give it to themselves; they shall find it only in obedience to the Divine Statutes that are inscribed upon their hearts. Let them resort to the inward Freedom, and the shadow of oppression shall no more darken the earth. Let men cease to oppress themselves, and no man shall oppress his brother.

Men legislate for an *outward* freedom,

yet continue to render such freedom impossible of achievement by fostering an inward condition of enslavement. They thus pursue a shadow without, and ignore the substance within. Man will be free when he is freed from self. All outward forms of bondage and oppression shall cease to be when man ceases to be the willing bond-slave of passion, error, and ignorance. Freedom is to the free.

While men cling to weakness they cannot have strength; while they love darkness they can receive no light; so long as they prefer bondage they can enjoy no liberty. Strength, light, and freedom are ready now, and can be had by all who love them, who aspire to them. Freedom does not reside in co-operative aggression, for this will always produce, reactively, co-operative defence—hence warfare, hatred, party strife, and the destruction of liberty. Freedom resides in individual self-conquest. The emancipation of Humanity is frustrated and withheld by the self-enslavement of the unit. Thou who criest to man and to God for liberty, liberate thyself!

The Heavenly Freedom is freedom from passion, from cravings, from opinions, from the tyranny of the flesh, and the tyranny of the intellect: this first, and then all outward freedom, as effect to cause. The Freedom that begins within and extends outwardly until it embraces the whole man, is an emancipation so complete, all-embracing, and perfect as to leave no galling fetter unbroken. Free thy soul from all sin, and thou shalt walk a freed and fearless man in the midst of a world of fearful slaves; and, seeing thee, many slaves shall take heart and shall join thee in thy glorious freedom.

He who says, "My worldly duties are irksome to me; I will leave them and go into solitude, where I shall be as free as the air," thinking to gain freedom thus, will find only a harder slavery. The tree of Freedom is rooted in Duty, and he who would pluck its sweet fruits must discover joy in Duty.

Glad-hearted, calm, and ready for all tasks is he who is freed from self. Irksome-

ness and weariness cannot enter his heart, and his divine strength lightens every burden so that its weight is not felt. He does not run away from Duty with his chains about him, but breaks them and stands free.

Make thyself pure; make thyself proof against weakness, temptation, and sin; for only in thine own heart and mind shalt thou find that Perfect Freedom for which the whole world sighs and seeks in vain.

GREATNESS AND GOODNESS

GOODNESS, simplicity, greatness: these three are one, and this trinity of perfection cannot be separated. All greatness springs from goodness, and all goodness is profoundly simple. Without goodness there is no greatness. Some men pass through the world as destructive forces, like the tornado or the avalanche, but they are not great; they are to greatness as the avalanche is to the mountain. The work of greatness is enduring and preservative, and not violent and destructive. The greatest souls are the gentlest.

Greatness is never obtrusive. It works in silence, seeking no recognition, which is why it is not easily perceived and recognized. Like the mountain, it towers up in its vastness, so that those in its immediate vicinity, who receive its shelter and shade, do not see it. Its sublime grandeur is only beheld as they recede from it. The great

man is not seen by his contemporaries; the majesty of his form is outlined only through its recession in time. This is the awe and enchantment of distance. Men occupy themselves with the small things: their houses, trees, land. Few contemplate the mountain at whose base they live, and fewer still essay to explore it. But in the distance these small things disappear, and then the solitary beauty of the mountain is perceived. Popularity, noisy obtrusiveness, and shallow show, these superficialities rapidly disappear, and leave behind no enduring mark; whereas greatness slowly emerges from obscurity, and endures for ever.

Jewish rabbi and rabble alike saw not the divine beauty of Jesus; they saw only an unlettered carpenter. To his acquaintances, Homer was only a blind beggar, but the centuries reveal him as Homer the immortal poet. Two hundred years after the farmer of Stratford—and all that is known of him—has disappeared the real Shakespeare is discerned. All true genius is

impersonal. It belongs not to the man through whom it is manifested; it belongs to all. It is a diffusion of pure Truth; the Light of Heaven descending on all mankind.

Every work of genius, in whatsoever department of art, is a symbolic manifestation of impersonal Truth. It is universal, and finds a response in every heart in every age and race. Anything short of this is not genius, is not greatness. That work which defends *a* religion perishes; it is *religion* that lives. Theories about immortality fade away, immortal man endures; commentaries upon Truth come to the dust, Truth alone remains. That only is true in art which represents the True; that only is great in life which is universally and eternally true. The True is the Good; and the Good is the True.

Every immortal work springs from the Eternal Goodness in the human heart, and is clothed with the sweet and unaffected simplicity of goodness. The greatest art is, like nature, *artless*. It knows no trick, no pose, no studied effort. There are no

mere tricks in Shakespeare; he is the greatest of dramatists because he is the *simplest*. The critics, not understanding the wise simplicity of greatness, condemn the loftiest work. They cannot discriminate between the *childish* and the *child-like*. The True, the Beautiful, the Great, is always childlike, and is perennially fresh and young.

The great man is always the good man; he is always simple. He draws from, nay, lives in, the inexhaustible fountain of divine Goodness within; he inhabits the Heavenly Places; lives with the Invisible: he is inspired and breathes the airs of Heaven.

He who would be great let him learn to be good. He will therefore become great by not seeking greatness. The selfish desire to be great is an indication of littleness, of personal vanity and obtrusiveness. The willingness to disappear from gaze, the utter absence of self-aggrandizement is the witness of greatness.

Littleness seeks and loves authority. Greatness is never authoritative, and

thereby becomes the authority to which after ages appeal. He who seeks, loses; he who is willing to lose, wins all men. Be thy simple self, thy better self, thine impersonal self, and lo! thou art great. He who selfishly seeks authority shall succeed only in becoming a trembling apologist, courting protection behind the back of acknowledged greatness. He who will become the servant of all men, desiring no personal authority, shall live as a man, and shall be called *great*. "Abide in the simple and noble regions of thy life, obey thy heart, and thou shalt reproduce the fore-world again." Forget thine own little self, and fall back upon the Universal self, and thou shalt reproduce in living and enduring forms a thousand beautiful experiences; thou shalt find within thyself the simple goodness that is greatness.

"It is as easy to be great as to be small," says Emerson; and he utters a profound truth. Forgetfulness of self is the whole of greatness, as it is the whole of goodness and happiness. In a fleeting moment of self-

forgetfulness the smallest individuality becomes great; extend that moment indefinitely, and there is a great soul, a great life. Cast away thy personality, thy pretty cravings, vanities, and ambitions, as a worthless garment, and dwell in the loving, compassionate, selfless regions of thy soul, and thou art no longer small—thou art great.

Asserting personal authority, a man descends into littleness; practising goodness, a man ascends into greatness. The presumptuousness of the small may for a time obscure the humility of the great, but it is at last swallowed up by it, as the noisy river is lost in the calm ocean.

The vulgarity of ignorance and the pride of learning must disappear. Their worthlessness is equal. They have no part in the Soul of Goodness. If thou wouldst do, thou must *be*. Thou shalt not mistake information for Knowledge; thou must know thyself as pure Knowledge. Thou shalt not confuse learning with Wisdom; thou must apprehend thyself as undefiled Wisdom.

Wouldst thou write a living book? Thou must first *live*; thou shalt draw around thee the mystic garment of a manifold experience, and shalt learn, through enjoyment and suffering, gladness and sorrow, conquest and defeat, what neither book nor teacher can teach thee. Thou shalt learn of life, of thy soul; thou shalt tread the Lonely Road, and shalt *become*; thou shalt *be*. Thou shalt then write thy book, and it shall live; it shall be more than a book. Let thy book first live in thee, then shalt thou live in thy book.

Wouldst thou carve a statue that shall captivate the ages, or paint a picture that shall endure? Thou shalt acquaint thyself with the divine Beauty within thee. Thou shalt comprehend and adore the Invisible Beauty; thou shalt know the Principles that are the soul of Form; thou shalt perceive the matchless symmetry and faultless proportions of Life, of Being, of the Universe: thus knowing the eternally True thou shalt carve or paint the indescribably Beautiful.

Wouldst thou produce an imperishable poem? Thou shalt first live thy poem; thou shalt think and act rhythmically; thou shalt find the never-failing source of inspiration in the loving places of thy heart. Then shall immortal lines flow from thee without effort, and, as the flowers of wood and field spontaneously spring, so shall beautiful thoughts grow up in thine heart and, enshrined in words as moulds to their beauty, shall subdue the hearts of men.

Wouldst thou compose such music as shall gladden and uplift the world? Thou shalt adjust thy soul to the Heavenly Harmonies within. Thou shalt know that thyself, that life and the universe are Music. Thou shalt touch the chords of Life. Thou shalt know that Music is everywhere; that it is the Heart of Being; then shalt thou hear with thy spiritual ear the Deathless Sympathies.

Wouldst thou preach the living Word? Thou shalt forego thyself, and become that Word. Thou shalt know one thing: *that the*

human heart is good, is divine; thou shalt live one thing: Love. Thou shalt love all, seeing no evil, thinking no evil, believing no evil; then, though thou speak but little, thine every act shall be a power, thine every word a precept. By thy pure thought, thy selfless deed, though it appear hidden, thou shalt preach, to untold multitudes of aspiring souls through the ages.

To him who chooses Goodness, sacrificing all, is given what is more than and includes all. He becomes possessor of the Best, communes with the Highest, and enters the company of the Great.

The greatness that is flawless, rounded, and complete is above and beyond all art. It is Perfect Goodness in manifestation; therefore the greatest souls are always Teachers.

HEAVEN IN THE HEART

THE toil of life ceases when the heart is pure. When the mind is harmonized with the Divine Law the wheel of drudgery ceases to turn, and all work is transmuted into joyful activity. The pure-hearted are as the lilies of the field, which toil not, yet are fed and clothed from the abundant storehouse of the All-Good. But the lily is not lethargic; it is ceaselessly active, drawing nourishment from earth and air and sun. By the Divine Power immanent within it, it builds itself up, *cell by cell*, opening itself to the light, growing and expanding toward the perfect flower. So is it with those who, having yielded up self-will, have learned to co-operate with the Divine Will. They grow in grace, goodness, and beauty, freed from anxiety, and without friction and toil. They never work in vain; there is no waste action. Every thought, act, and thing done sub-

serves the Divine Purpose, and adds to the sum-total of the world's happiness.

Heaven is within. They will look for it in vain who look elsewhere. In no outward place will the soul find Heaven until it finds it within itself; for wherever the soul goes its thoughts and desires go with it; and however beautiful may be its outward dwelling-place, if there is sin within, there will be darkness and gloom without; for sin casts a dark shadow over the pathway of the soul—the shadow of sorrow.

The world is beautiful, transcendently and wonderfully beautiful. Its beauties and inspiring wonders cannot be numbered; yet, to the sin-sodden mind, it appears as a dark and joyless place. Where passion and self are, there is hell, and there are all the pains of hell; where Holiness and Love are, there is Heaven, and there are all the joys of Heaven.

Heaven is here. It is also everywhere. It is wherever there is a pure heart. The whole universe is abounding with joy, but

the sin-bound heart can neither see, hear, nor partake of it. No one is, or can be, arbitrarily shut out from Heaven; each shuts himself out. Its Golden Gates are eternally ajar, but the selfish cannot find them; they mourn, yet see not; they cry, but hear not. Only to those who turn their eyes to heavenly things, their ears to heavenly sounds, are the happy Portals of the Kingdom revealed, and they enter and are glad.

All life is gladness when the heart is right, when it is attuned to the sweet chords of holy Love. Life is Religion, Religion is life, and all is Joy and Gladness. The jarring notes of creeds and parties, the black shadows of sin, let them pass away for ever; they cannot enter the Door of Life; they form no part of Religion. Joy, Music, Beauty: these belong to the True Order of things; they are of the texture of the universe; of these is the divine Garment of Life woven. Pure Religion is glad, not gloomy. It is Light without darkness or shadow.

Despondency, disappointment, grief: these are the reflex aspects of pleasurable excitement, self-seeking, and desire. Give up the latter, and the former will always disappear; there remains the perfect Bliss of Heaven.

Abounding and unalloyed Happiness is man's true life; perfect Blessedness is his rightful portion; and when he loses his false life and finds the true he enters into the full possession of his Kingdom. The Kingdom of Heaven is man's Home; it is here and now, it is in his own heart, and he is not left without Guides, if he wills to find it. All man's sorrows and suffering are the result of his own self-elected estrangement from the Divine Source, the All-Good, the Father, the Heart of Love. Let him return to his Home; his peace awaits him.

The Heavenly-minded are without sorrow and suffering because they are without sin. What the worldly-minded call *troubles* they regard as pleasant tasks of Love and Wisdom. Troubles belong to hell; they

do not enter Heaven. This is so simple it should not appear strange. If you have a trouble it is in your own mind, and nowhere else; you make it, it is not made for you; it is not in your task; it is not in that outward thing. You are its creator, and it derives its life from you only. Look upon all your difficulties as lessons to be learned, as aids to spiritual growth, and lo! they are difficulties no longer. This is one of the Pathways up to Heaven.

To transmute everything into Happiness and Joy, this is supremely the work and duty of the Heavenly-minded man. To reduce everything to wretchedness and deprivation is the process that the worldly-minded unconsciously pursue. To live in Love is to work in Joy. Love is the magic that transforms all things into power and beauty. It brings plenty out of poverty, power out of weakness, loveliness out of deformity, sweetness out of bitterness, light out of darkness, and produces all blissful conditions out of its own substantial but indefinable essence.

He who loves can never want. The universe belongs to Goodness, and it therefore belongs to the good man. It can be possessed by all without stint or shrinking, for Goodness, and the abundance of Goodness—material, mental, and spiritual abundance—is inexhaustible. Think lovingly, speak lovingly, act lovingly, and every need shall be supplied; you shall not walk in desert places, and no danger shall overtake you.

Love sees with faultless vision, judges with true judgment, acts in wisdom. Look through the eyes of Love, and you shall see everywhere the Beautiful and the True; judge with the mind of Love, and you shall err not, shall wake no wail of sorrow; act in the spirit of Love, and you shall strike eternal harmonies upon the Harp of Life.

Make no compromise with self. Cease not to strive until your whole being is swallowed up in Love. To love all and always: this is the Heaven of Heavens. "Let there be nothing within thee that is not very beautiful and very gentle, and then

will there be nothing without thee that is not beautiful and softened by the spell of thy presence." All that you do, let it be done in calm wisdom and not from desire, impulse, or opinion; this is the Heavenly way of action.

Purify your thought-world until no stain is left, and you shall ascend into Heaven while living in the body. You will then see the things of the outward world clothed in all beautiful forms. Having found the Divine Beauty within ourselves, it springs to life in every outward thing. To the beautiful soul the world is beautiful.

Undeveloped souls are merely unopened flowers. The perfect Beauty lies concealed within, and will one day reveal itself to the full-orbed light of Heaven. Seeing men thus, we stand where evil is not, and where the eye beholds only good. Herein lies the peace and patience and beauty of Love: *it sees no evil*. He who loves thus becomes the protector of all men. Though in their ignorance they should hate him, he shields and loves them.

What gardener is so foolish as to condemn his flowers because they do not develop in a day? Learn to love, and you shall see in all souls, even those called degraded, the Divine Beauty, and shall know that it will not fail to come forth. This is one of the Heavenly Visions; it is out of this that Gladness comes.

Open the petals of your soul and let the glorious Light stream in.

Every soul is a resolved harmony. It shall at last strike the Perfect Chord, and swell the joyful melodies of Heaven.

Hell is the preparation for Heaven; out of the debris of its ruined hovels are built pleasant mansions wherein the perfected soul may dwell.

Night is only a fleeting shadow which the world casts, and sorrow but a transient shade cast by the self. Come out into the Sunlight. Know this, O reader! that you are divine. You are not cut off from the Divine except in your own unbelief. Rise up, O Son of God! and shake off the nightmare of sin that binds you; accept your

heritage: the Kingdom of Heaven! Drug your soul no longer with the poisons of false beliefs. You are not a worm of the dust unless you choose to make yourself one. You are a divine, immortal, God-born being, and this you may know if you will to seek and find. Cling no longer to your impure and grovelling thoughts, and you shall know that you are a radiant and celestial spirit, filled with all pure and lovable thoughts. Wretchedness and sin and sorrow are not your portion here unless you accept them as such; and if you do this, they shall be your portion hereafter, for these things are not apart from your soul-condition; they will go wherever you go; they are only within you.

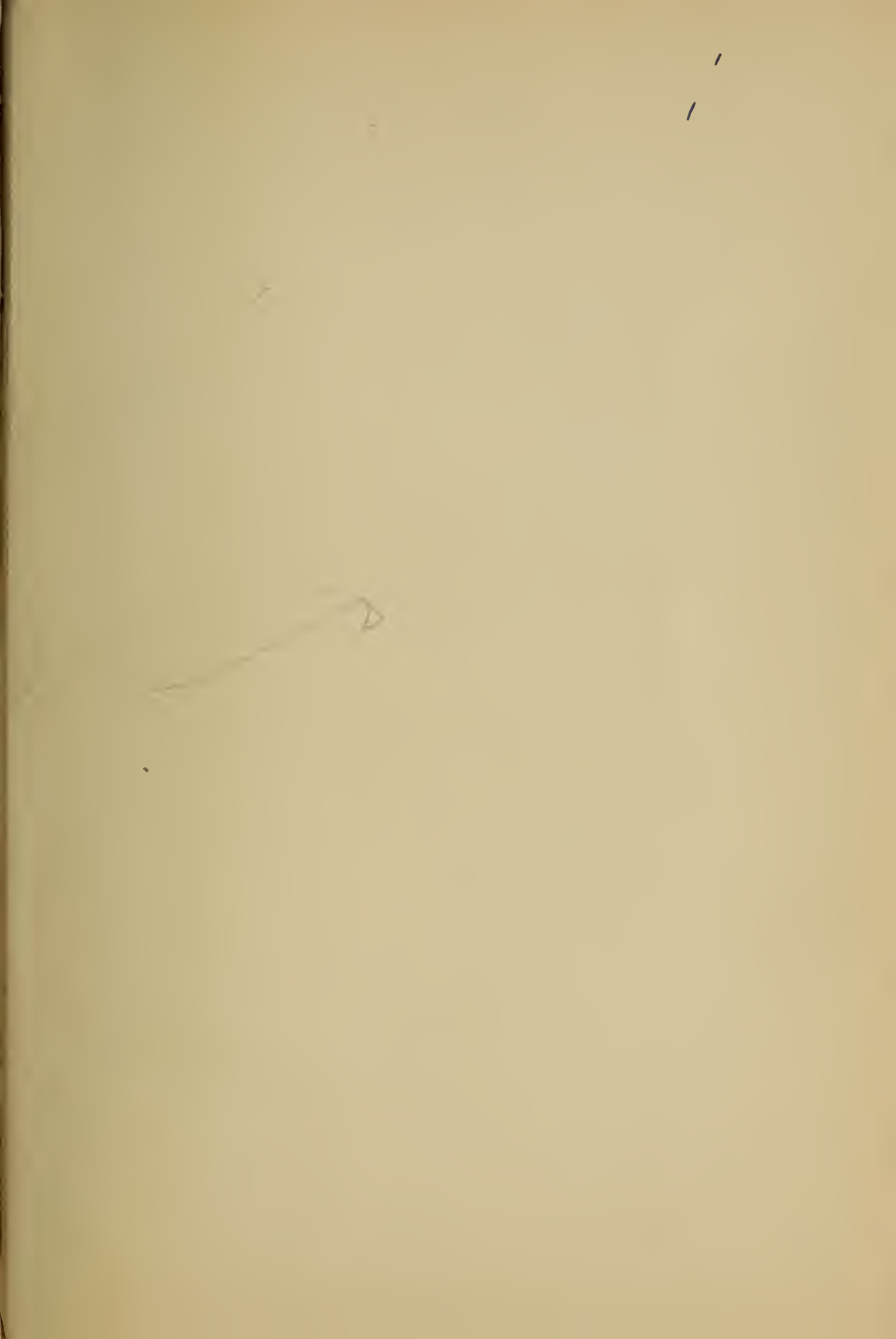
Heaven, not hell, is your portion here and always. It only requires you to take what belongs to you. You are the master, and you choose whom you will serve. You are the maker of your state, and your choice determines your condition. What you pray and ask for—with your mind and heart, not with your lips merely, this you

receive. You are served as you serve. You are conditioned as you condition. You garner in your own.

Heaven is yours; you have but to enter in and take possession; and Heaven means Supreme Happiness, Perfect Blessedness; it leaves nothing to be desired, nothing to be grieved over. It is complete satisfaction *now and in this world*. It is within you; and if you do not know this, it is because you persist in turning the back of your soul upon it. *Turn around* and you shall behold it.

Come and live in the sunshine of your being. Come out of the shadows and the dark places. You are framed for Happiness. You are a child of Heaven. Purity, Wisdom, Love, Plenty, Joy, and Peace: these are the eternal Realities of the Kingdom, and they are yours, but you cannot possess them in sin; they have no part in the Realm of Darkness. They belong to "the Light which lighteth every man that cometh into the world," the Light of spotless Love. They are the heritage of the

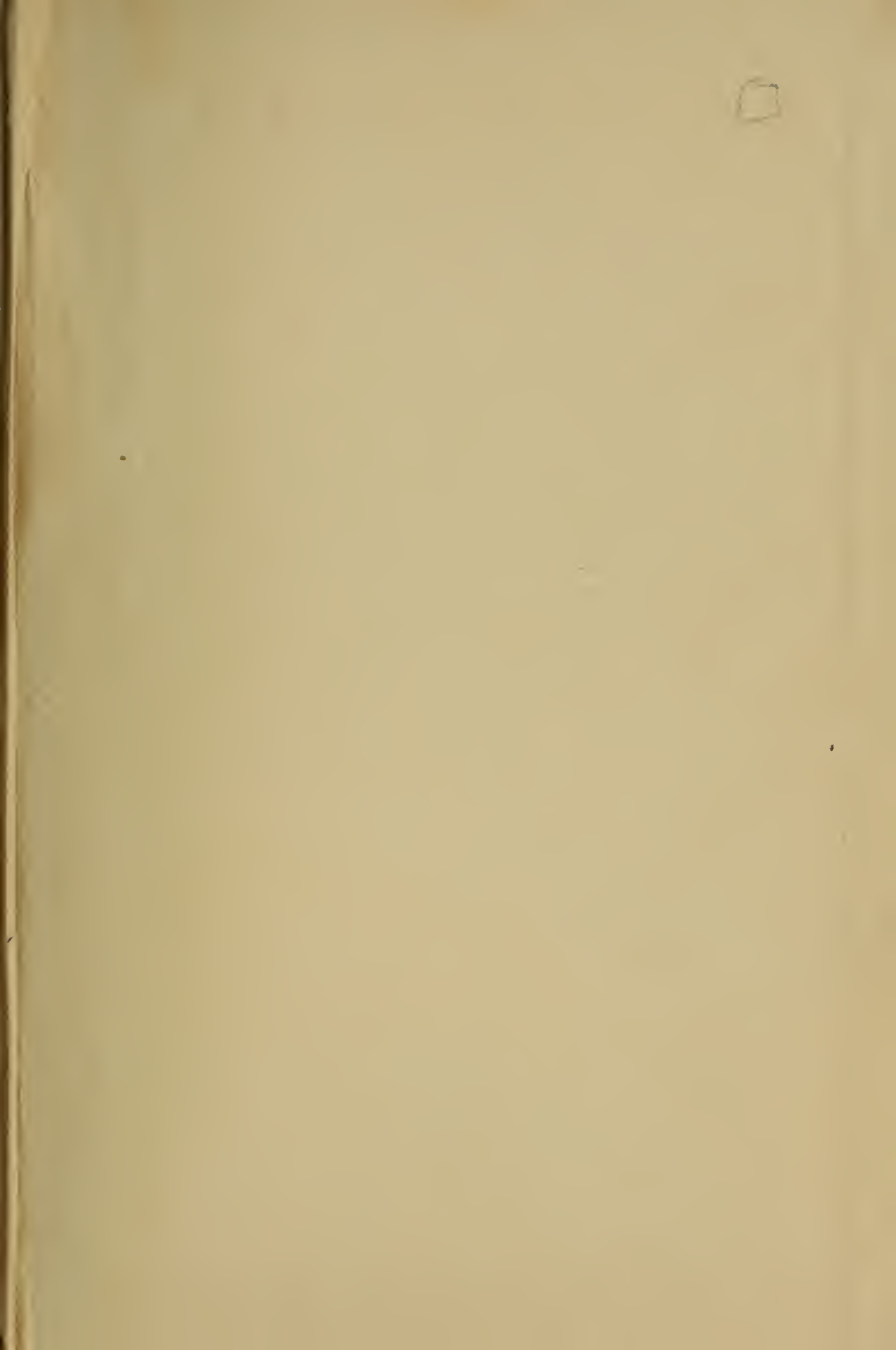
holy Christ-Child who shall come to birth in your soul when you are ready to divest yourself of all your impurities. They are your *real self*.—your Divine Self.



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